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GROSSE POINTE MAGAZINE

Featuring the best of Grosse Pointe life

GETTING FIT IN THE NEW YEAR

Tips from local gyms on making
2019 the year of health

AT THE HELM

New name and initiatives
at the former SOC

AT HOME IN THE POINTES

Historic stunner gets renovation
on McKinley

INSIDE

WM

LIVE INSPIRED MAGAZINE
A PUBLICATION OF THE WAR MEMORIAL

JANUARY | FEBRUARY 19

Dominic Pagliaro



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On the cover

Tasked with painting a “Grosse Pointe Winter Wonderland” for this issue of *Pointe Magazine*, resident artist Dominic Pangborn, of Grosse Pointe Shores, did a self-portrait — of his beautiful home on Lake Shore! Reprints of Pangborn’s cover art are available for purchase by contacting publisher@grossepointemagazine.com.



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- 16th "LIKE" movie and discussion moderated by Max Stossel
- 18th Upper School & Liggett Merit Scholarship application deadline

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- 15th Lower School & Middle School application deadline
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Photo by John Minnis

Pure Grosse Pointe

The Roostertail went “over the top” decorating the Marine Room for the Grosse Pointe Magazine holiday office party last week. The Marine Room at the Roostertail was transformed into a Winter Wonderland as only the Roostertail could do. A field of silver and gold and ice-blue decorations hung from the ceiling. The tables and chairs were elegantly dressed. The party featured champagne, strolling hors d’oeuvres, a “bacon station,” a full buffet with two carving stations and enough meatless items to make the vegetarians among us feel special, a coffee and doughnut bar and a full premium bar. Thank you, Tom and Diane and Michael Schoenith and the staff at the Roostertail for making our event so “enchanted.” Now we know how Willy Wonka felt when he first entered the chocolate factory! Grosse Pointe Magazine Publisher John Minnis and Tom Schoenith agreed, if it’s not “over the top” it wouldn’t be the Roostertail.

Where in the Pointes?



Where in the Pointes is this object? On Monday, Jan. 28, we will ask this question on our Facebook wall. The first person to respond with the most specific answer will win a Champs Rotisserie & Seafood Restaurant gift card. Participants MUST wait for the question to be posted by Pointe Magazine. Good luck! (Last issue: Kercheval in the Park)

To find us on Facebook, search “Grosse Pointe Magazine”

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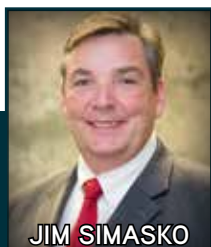
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POINTE MAGAZINE



Lauren McGregor
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Happy New Year!

It's hard to believe another year has passed. It has been a good year for *Pointe Magazine*, and we hope you have enjoyed our past issues, as well as this first offering of 2019.

We don't have any big changes in store for this year, just continue doing what we do best: "Featuring the best of Grosse Pointe life."

Something we added new last year, "At Home in the Pointes," featuring homes in the Pointes, has turned out to be very popular among readers. In fact, we have six homes lined up, including this week's feature on Dan Connell's fabulous makeover of an intriguing home across the Boulevard from Grosse Pointe South High School.

Another new feature we added last year and that has really caught on, especially with our male readers, is *Driving Grosse Pointe* by Alexander Kelly, the "Car Paparazzi." In this issue of *Pointe Magazine*, Alexander features John Scholtes' 525 horsepower replica 1965 Shelby AC Cobra. If you have a vintage or otherwise spectacular car Alexander can feature, let us know.

Professionally, if we were to make a New Year's resolution, it would be to continue bringing you, our loyal readers, more of what makes living and working in Grosse Pointe so great.

Personally, I plan to lose some weight and hit the gym, Pointe Fitness, in my case, but there are many great fitness centers in the Pointes. Everyone seems to have a favorite.

Besides working out indoors, I enjoy jogging along the lake and throughout the Pointes. We live in a garden paradise. Maybe that is why we have more dog walkers and joggers per square mile than anywhere else. If you see an old guy shuffling along Lake Shore, Deeplands and Morningside Drive, give me a honk for encouragement.

If I were to ask you, our readers, to make a New Year's resolution, it would be to continue to patronize the businesses of our many loyal advertisers, without whom this magazine would not be possible and life in Grosse Pointe would not be so sweet.

Happy New Year, and I hope to see you around the Pointe in 2019! ☺

John

Another year over and a new one just begun. Are you the New Year's resolution type? I used to be. Now I just call them general hopes. I hope to get more sleep. To take more walks. To clean out and organize the junk drawer. I hope to confidently write "2019" on documents by the end of February. I'll likely be writing "2018" well into spring.

There is a plethora of New Year inspiration in these pages. Among them are the usual suspects: exercise tips, New Year financial expertise, and health and wellness reminders — an abundance of helpful advice from our expert columnists.

One thing I am particularly excited about in the New Year is my 2019 reading list. I create one each year. There is nothing like discovering a book that incites the sort of joy induced by reading something of deep resonance. I plan to start the year by choosing one from Peggy's Picks (on page 56) in pursuit of this.

It's difficult to imagine what new titles will have me basking in their glow for days afterward, unable to pick up another book for fear of fading from their worlds.

In 2018, those books for me were *Circe* by Madeline Miller and *Almost Everything: Notes on Hope* by Anne Lamott.

With an (almost) two-year-old at home, I find myself spending part of every evening reading *Llama Llama Red Pajama* to him. And I wonder what book will first light him up. Like *The Secret Garden* for me, what book will open his eyes to this big, beautiful world?

In the New Year, I plan to spend more time at the library (what incredible libraries we have in the Pointes) with Graham, checking off my reading list and building one for him.

What did you read that was especially affirming or boggling or devastating? I am open to recommendations at Lauren@grossepointemagazine.com.

May you read good books, get good sleep, and clean out your junk drawer (metaphorical or otherwise) in the New Year! ☺

Lauren

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Meet Tricia



Photo by Chuck Cloud

Name Tricia Morrow Groustra

Age 42

City Grosse Pointe

Occupation Safety Strategy
Engineer

Tricia's Favorites

Season

SUMMER!

Spot in Grosse Pointe

On the water

Book

The Fountainhead by Ayn Rand

Food

Any and all fruit

Restaurant

Anywhere with a great breakfast! Jumps is my current favorite!

Movie

Breakfast at Tiffany's

Vacation

Boca Grande, Fla.

Sports Team

The one my girls are playing on

Website

Amazon

Dessert

Sorbet

About Tricia

“Grosse Pointe has been my home for all my 42 years. I have had wonderful opportunities to grow as an athlete, student, daughter, sister, friend, and now as a wife (to Tim) and mother (to Ellie and Anna).

I love to be with people and am inspired by their stories. I am constantly driven to ‘do’ something. I am driven to do something special for my family and friends and to create something innovative at work that could help save lives. I am also driven to be present, so I can listen and ensure that whatever it is that I will drive to ‘do’ next will have a positive impact on those I love.”

What is your favorite thing about living in Grosse Pointe?

I love the depth of the community, friendships and activities available for my family.

What is the best trip you've ever taken?

Disney World with the girls

What is one thing most people don't know about you?

One thing people may not know about me is that I truly have an unnatural relationship with math. I LOVE it!

What accomplishment are you most proud of?

Professionally, I am most proud of my work at General Motors in the Safety Organization. I have been part of the development of many safety systems and features, including the Rear Seat Reminder which can remind drivers to check the back seat of the vehicle before exiting. For this work I not only received a U.S. patent, but also the Boss Kettering Award, one of the most prestigious engineering awards at General Motors.

What is the best gift you've ever received?

I have two best gifts — my girls!

Words to live by?

You can move mountains. All you have to do is think and try.

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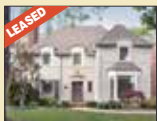
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GETTING FIT IN THE NEW YEAR TIPS FROM FUSION INTEGRATED TRAINING

By Eddie B. Allen Jr.

Hitting the gym tends to be a great way to start the New Year — yet, without the right preparation and motivation, hitting your favorite spot on the sofa can follow.

It's a common struggle to balance proper diet with the festivities of the holiday season, and it's just as common to battle the guilt of extra padding gained during the more sedentary weeks of winter. But what's not common to a team of local health and fitness experts is the notion that you can't shed both the regret and the pounds, while gaining a sense of wellness in 2019 and beyond.

Jo Kutchey and brothers P.J. Vlahantones and Nick Vlahantones, co-owners of Fusion Integrated Training, say there are key steps to developing a lifestyle routine tailored to your individual goals and overall wellness. With locations in Grosse Pointe Woods at 20169 Mack Ave. and Grosse Pointe Park at 14940

“Keep your workout changing to keep your body and mind changing.”



P.J. Vlahantones, Jo Kutchey
and Nick Vlahantones

Kercheval Ave., the modern, group-focused studios offer a wide variety of classes daily, but the three proprietors say there are things to consider when starting a year of better health:

- Diversity — “I think it’s important that people diversify their workouts, meaning focusing on different muscle groups, different exercises and different cardio styles, to prevent injury,” says P.J. “Keep your workout changing to keep your body and mind changing. For example, if you’re a

runner and you feel comfortable running every day, you should switch that up to try strength training, biking and yoga.”

- Environment — “The second point relates to community,” adds Nick. “I highly believe that immersing yourself into a healthy fitness community, especially one that promotes camaraderie and fun, is important. It has to be personalized and fueled with cutting-edge fitness techniques. The music should be upbeat, the vibe



electric and the attitude contagious.”

• Meal-planning — “Nutrition goes hand-in-hand with working out,” says Jo. “A meal plan for the week is a good idea. I’m all about eating fresh, healthy ingredients. Including a protein and vegetables with every meal is a good guideline.”

To get started, consulting a trainer or fitness instructor who can help you find “the right level to push yourself, so you don’t get discouraged,” is a good idea, P.J. says.

Adds Jo: “The awesome thing at Fusion is you get a personal training experience even during group classes.”

More about Fusion Integrated Training:

Incentives like a \$99 three-week membership with access to both Fusion facilities are available, and Nick invites guests at every fitness level to accept the “4x4 Challenge,” a new series beginning in February.

“You set your pace and you pick your weights,” he says. “Then we train together, sweat together and meet your goals together, one day at a time.”

For more information, visit fusionintegratedtraining.com. 



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Is 2019 the year for change?

By Ken Welch

In my recent edition of *Club Industry*, an online trade magazine for people in the fitness business, there was this bit of news:

For the first time in a decade, the U.S. government has updated its physical activity guidelines — under the caveat that less than a quarter of Americans currently meet exercise standards.



Under the U.S. Department of Health and Human Services' new guidelines, adults are encouraged to participate in 150 minutes of moderate to vigorous aerobic exercise every week with at least two days of strength training. Children ages six through 17 require 60 minutes of moderate to vigorous physical activity each day.

It went on to report that only 26 percent of men, 19 percent of women and 20 percent of adolescents currently meet these recommendations.

That's pretty shocking information when you consider the number of gyms, studios and health clubs that are currently open nationwide and continue to open even right here in our community.

The benefits of training and exercise are well documented. The big question is how to get going, then maintain exercise as a lifestyle?

Exercise is mental and emotional before it's physical and always about you, your needs and wants only. Simply put; understand what you want, make a plan and go after it.

Ken Welch is owner and trainer at Pointe Fitness on Harper south of Allard. Online: pointefitness.com.

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DIA DOCENT JUDY GARVEY RECEIVES AWARD FOR LONGTIME SERVICE

By Margie Reins Smith

Docent Judy Garvey approached a gaggle of teenage girls in a Detroit Institute of Arts' gallery dedicated to work by African American artists of the colonial period.

She asked if they would like some information about the surrounding art. The girls were agreeable and enthusiastic. They shared a list of 'things to look for' provided by their teacher. Garvey walked around the gallery with them, offering a bit of information about each painting and sculpture. Then they wanted to see something that epitomized Romanticism. She took them to an adjoining room to see a painting called "Domestic Happiness." The girls gushed thank you.

For more than 10 years, Garvey has volunteered at the DIA. She recently received the Distinguished Service Award for Longtime Service. "I was greatly honored," she says. "The DIA

is one of the best museums in the world and it's a privilege to be part of the team sharing the art with visitors.

"I usually approach people; ask if they would like to know something about the art or if they have questions. This way the information I share is personal to their interests. I like to tell people the stories behind paintings. I could talk about Diego Rivera and details about his frescos for hours."

Garvey is able to walk and talk visitors through nearly every gallery in the museum. Her favorites include "The Wedding Dance" by Pieter Bruegel the Elder, "Officer of the Hussars" by Kehinde Wiley, "Flowers in a Glass Vase" by Rachel Ruysch and all the Dutch galleries.

Garvey started out as a gallery information volunteer about a dozen years ago, then signed on for the nine-month training required for docents. "I really appreciated the depth of knowledge presented in the training

as well as the opportunity to learn skills for conducting a museum tour." She has also worked on the Speakers' Bureau, giving talks about the DIA's collection offsite, and as a docent for special tours and tours for seniors. Currently, she conducts tours four, sometimes five days a week.

A widow with two grown sons, she grew up in San Diego but moved to Grosse Pointe 14 years ago. Plans for her future? She would like to go to Mexico City to see more of Rivera's work. "I admire Mexican art, Mexican people, Mexican food."

Her theater background includes some acting, but she mostly served as stage manager. "The DIA is entertainment," she says. "I'm the conduit, the stage manager." [P](#)

Top left, Judy Garvey with Flowers in a Glass Vase, 1704, by Rachel Ruysch; top right, Garvey in Rivera Court

Photos by Lauren McGregor

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DETROIT BOAT SHOW

By Kevin J. Lamiman

Michigan boating enthusiasts will get to see some of the sleekest and newest products the industry has to offer starting Saturday, Feb. 16, at the 61st annual Detroit Boat Show.

The nine-day trade show, sponsored by the Michigan Boating Industries Association, is again being held at the

top shows in the country in size and attendance,” says Amanda J. Wendecker, MBIA vice president of marketing.

About 60,000 visitors come each year. Typically, 125 to 150 exhibitors sign up. The show is a major marketing event for the businesses.

The show can account for up to 50 percent of an outlet’s annual orders and sales leads, Wendecker says.

At press time the list of exhibitors for 2019 hadn’t been finalized. The number

of exhibitors will, however, be higher than the previous year, with more space allocated for the show, Wendecker says. The event will include several first-time exhibitors.

“Quite a few exhibitors have grown and will have more models to show this year,” she says.

The show expansion reflects the ongoing wave of growth the industry

has been riding since the Great Recession. Michigan reportedly is the third-largest state in number of boat registrations, which in May stood at 905,519.

Statewide sales have risen for at least eight years straight, showing growth percentages in double digits in all but one year. The boating industry’s statewide economic impact recently was estimated at \$7.4 billion, the association reports.


The show will include a variety of entertainment and educational offerings, including the popular Kid Zone on the two weekends. A new highlight will be a live shark tank.

“The host of the show gets in with the sharks,” Wendecker says. “It’s very educational.”

Adult tickets are \$13. Children aged 12 and under accompanied by an adult get in free. See the boat show website for details on ticket discounts.

Held Feb. 16–24, the show will be open 10 a.m. to 8 p.m. Saturdays; 11 a.m. to 6 p.m. Sundays and Monday; and 3 p.m. to 9 p.m. Tuesday through Friday.

For more information and ticket purchases, visit the boat show website at <http://detroitboatshow.net/>.

Contact the association at (734) 261-0123 and boatmichigan@mbia.org. 



Cobo Center. Dealers, other marine businesses and some manufacturers will display a wide range of watercraft, boating equipment and accessories. The show will feature products such as cruisers; personal watercraft; fishing, pontoon, ski, wakeboard and inflatable boats; and motors, trailers and other boating gear.

“The Detroit show is one of the

Grosse Pointe Sail Club turns 70

By Ted Everingham

Like so many other things in this world, the birth of Grosse Pointe Sail Club was, at the time, an inauspicious event. Twelve sailors — all men — gathered in the shade of a huge elm tree in Windmill Pointe Park and created a club. It was as simple as that.



The date was Sept. 12, 1948, now more than 70 years ago. The club celebrated with a 70th anniversary gala at Tompkins Center in Windmill Pointe Park, near the spot where it all began.

The first order of business in 1948 was to elect directors and officers. All but one of the original officers and directors were men. The exception — rare in those days — was Antoinette “Toni” Ebner (later Antoinette King by marriage). She served on the board for the first two years of the new club’s existence and was its secretary in 1950-51. King passed away at the age of 93, less than a month before GPSC’s 70th anniversary.

GPSC launched its Tuesday Evening Sundown Series in 1961. The series is believed to be the longest running open sailing competition on Lake St. Clair. The Tuesday races are popular among both local sailors and the dozens of spectators who enjoy an excellent view of the weekly starts and finishes from the main pier at Windmill Pointe Park.

Commodore Mike Sherwood said the club has made good use of social media in recent years (unheard of in 1948 by those 12 men under that elm tree) to promote its sailing programs and to attract new members. The club has over 200 members as it begins its 71st year, and Commodore Sherwood credits social media for the addition of 20 of those in 2018 alone.

Learn more about Grosse Pointe Sail Club at www.gpsc.org.

Ted Everingham is past commodore of Bayview Yacht Club and is on the board of the Grosse Pointe Youth Nautical Education Foundation.



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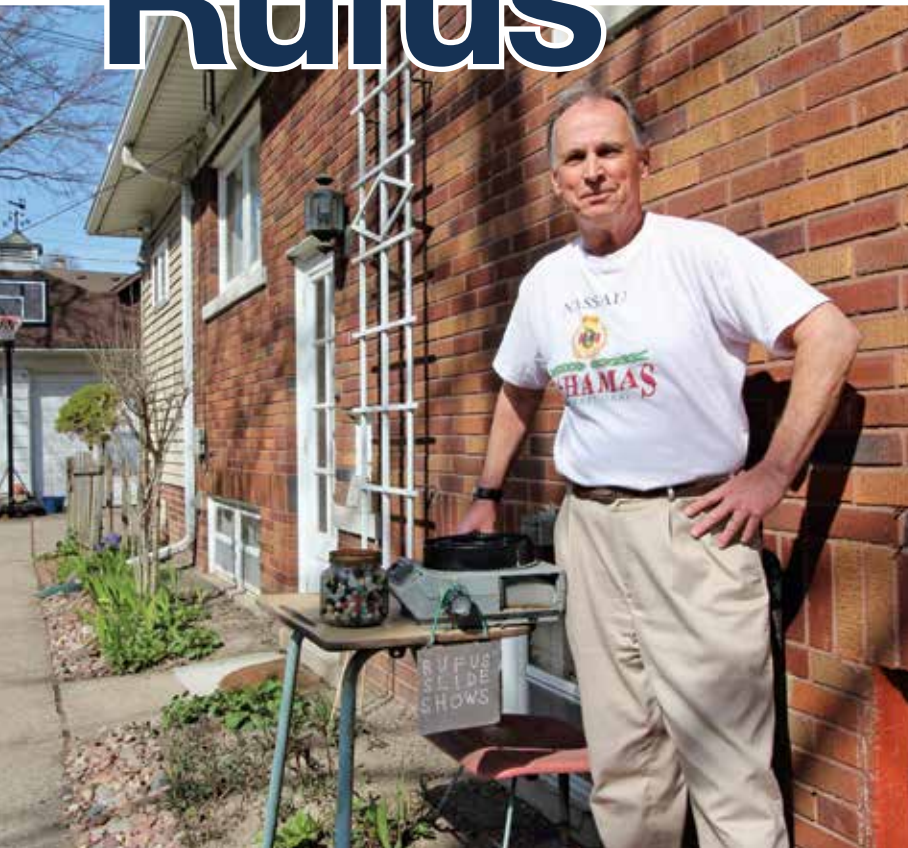
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Meet Rufus



Name	Rufus McGaugh
Age	70 in January
City	Grosse Pointe
Occupation	Retired middle school teacher

Rufus's Favorites

Season

Fall — backpacking

Musical Artist

U2

Vacation

Switzerland

Movie

Forrest Gump

Book

The Innocents Abroad by Mark Twain

Food

Indian

Restaurant

Amore da Roma, Eastern Market

Activity

Backpacking

Dessert

Homemade strawberry shortcake

What was your first job?

Paper boy

What did you want to be when you were growing up?

Marine, spy and teacher. I accomplished two of the three.

What do you miss about being a kid?

Innocence

What is one skill you'd like to learn?

To swim

What is the best trip you've ever taken?

Russia, 1996. We picked up and adopted baby Eric, our oldest son. Also, a much shorter trip to 11 Mile and Van Dyke to pick up our foster child J.T. (Jason) in 2006. We eventually adopted him.

What accomplishment makes you proudest?

Being a teacher who was respected for his unique skills of teaching, but who also cared deeply about his students.

Do you collect anything?

Stamps, travel souvenirs and mementos. I have a collection of airline barf bags (in the hundreds) that I used as a fun bulletin board when I was teaching.

Words to live by?

"Not all those who wander are lost." J.R.R. Tolkien

About Rufus

Rufus was born in Detroit in 1949, enlisted in the Marines and fought in Vietnam as a Marine grunt 1970-71. He was wounded in 1970 and awarded the Purple Heart.

After graduating from Wayne State University, Rufus started teaching middle school (Pierce, Parcels and Brownell) in 1974. He went into so-called retirement in 2010, but continued to teach and do slide presentations at Grosse Pointe schools about his travels around the world. (Note the projector and desk outside his house, above).

His most beloved activities are backpacking, mountain trekking, mountain climbing and travel.

In 2017, Rufus completed his goal of visiting every country in the world and published his book *Longitude & Latitude with Attitude: One Man's Quest to See the Entire World*.

He and wife Monica are parents to two sons, Eric, 22, and J.T. (Jason), 15.

Ramifications of loneliness

By Jonathan Boos

With the growth and popularity of social media, our society has become increasingly connected. However, those connections are often more superficial than genuine. The lack of meaningful relationship building is creating more isolationism and loneliness among all people. The demographic that seems to be hit the hardest by this trend is the elderly.



A University of California, San Francisco study found that seniors who reported feeling lonely had a decreased ability to perform activities of daily living — ADLs — and an increased need for long term medical care. Loneliness is also a precursor to more serious physical and mental problems. It can raise levels of stress, cause high blood pressure, reduce immunity, contribute to heart disease, Alzheimer's and even certain cancers. Basically, loneliness among seniors may have the greatest impact on their overall quality of life.

What can you do to help? The best gift you can give an elderly person battling loneliness is your time. Even 30 minutes spent listening to old stories, playing cards or drinking a cup of coffee together can make a world of difference.

If you or a loved one is struggling with loneliness, it may be a good time to contact a home care provider. They can provide not only assistance with ADLs but also valuable face-to-face companionship and interaction; something that social media will never provide.

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THE HELM AT THE BOLL LIFE CENTER

By Matthew Wentworth

Services for Older Citizens, a non-profit, served the Grosse Pointes and Harper Woods for 40 years. Now, The Helm At the Boll Life Center, will take the wheel for the next 40.

It's the same organization, which in October, announced it would change names.

"We're looking forward to the future," says executive director Peggy Hayes. "We want to continue being a viable service to the community."

The Helm offers hundreds of programs, as well as entertainment and fun activities for seniors. The organization provides thousands of hot meals and friendly visits to homebound seniors, as well as health screenings, rides to medical appointments, help with navigating Medicaid and Medicare, and much more.

"The new name is a nod to the nautical community, like the helm of a ship. Seniors want to take charge of their lives," Hayes says. "People don't want to go to a place with 'seniors' in the name. A lot of people don't think

of themselves as seniors. Some think, 'I'm a senior, but I'm still active.'"

In an effort to continue offering programs to serve the needs of the community, The Helm will hold an open house Jan. 26, from 1 p.m. to 4 p.m. "There will be demonstrations on what we offer. We want to hear from the people. We want to get feedback. There'll be ping pong tables and refreshments. It should be a fun afternoon."

The Open House will give people a peek behind the doors of the beautiful building at 158 Ridge Road to see what really goes on here! Many people will recognize the building as the former Cottage Hospital Nurses' dormitory, originally opened in 1930.

Approximately seven years ago, recognizing that the organization needed a larger and more suitable facility, Henry Ford Cottage Hospital offered to rent the building to Services for Older Citizens for a nominal fee.


However, prior to moving into the building (which occurred in 2013), the organization had to undertake a capital campaign to raise funds

to retrofit the aging building to make it suitable to house a senior service program. Literally hundreds of generous community residents, banded together and successfully raised the \$2.2 million it took to cover the renovations.

A critical donation by John A. and Marlene L. Boll helped move the campaign forward, hence the full name of The Helm: The Helm at the Boll Life Center. This significant renovation turned The Helm into a bright, busy gathering place for seniors in our community.

"Everyone who comes here, loves it," says Hayes. "It's a great place to meet friends. There's always something going on. People can eat together and socialize. It's just an important resource in the community."

For more information, check out The Helm's website at helmlife.org.

Look for upcoming programs and other information on what The Helm offers by going to The Helm Life Center on Facebook — [Facebook.com/TheHelmLifeCenter](https://www.facebook.com/TheHelmLifeCenter). 

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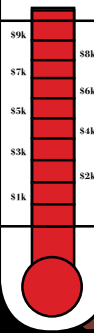
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Gotten your flu shot yet?

By Dr. Saima A. Khan

We are full into a new year, so why am I talking about getting a flu shot?! Because it is *that* important! Flu activity can occur year-round, and vaccinations can be given well into spring.

Many people are still on the fence about getting a flu shot. Some believe the vaccine makes them sick; others feel that the vaccine is not effective. Still other people just don't think that they will get sick, either because they are healthy, have never gotten the flu or have gotten it and survived.



The flu shot is a killed virus vaccine, which means it cannot cause the flu. However, the body's reaction to the vaccine is sometimes apparent in mild "flu-like" symptoms a few days after the injection. This just means your immune system is making antibodies - the "soldiers" in the body that fight the live virus.


The vaccine's efficacy in any year is never perfect, but if something will give you even a 40 percent chance of survival compared to zero, it's probably worth it.

Finally, if you don't get the vaccine for yourself, get it for people you love. Do you have young kids in the family, or someone with asthma or diabetes? Your vaccination means you are less likely to transmit a virus to them and help prevent them from getting the flu even if they did not or cannot get the vaccine themselves.

Dr. Saima A. Khan, MD, MPH grew up in Grosse Pointe Farms and lives in the Woods with her husband and three daughters. She practices internal medicine in Warren, 28351 Schoenherr, (586) 393-6500.

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Minoru Yamasaki building, and below



Container house in Corktown



Your Old MANSION

Celebrating Yamasaki, alternative homes, public art and sustainable landscapes

By Karen Pope

This year “Your Old Mansion,” an annual lecture series sponsored by the Grosse Pointe Artists Association (GPAA), brings together community change agents.

Four lectures will be held Sunday afternoons at 2 p.m. at The War Memorial, opening Sunday, Feb. 3, with a panel on the powers of public art. Leading the discussion will be blogger Tom Leeper and muralist Nicole Macdonald.

Leeper, who bikes around Detroit photographing public art, has reported on more than 5,000 murals, sculptures and pieces of graffiti in his prize-winning blog, everylinearmile.com. Macdonald is a Kresge Detroit Arts Fellow, a collaborator on the DIA’s mural projects in the suburbs and creator of the first mural for GPAA’s AlterCrossing public art project.

On Sunday, March 3, Lawrence Technological University Professor Dale Gyure will lead a discussion on Minoru Yamasaki, the architect who did for office buildings what Albert Kahn did for factories. Yale Press heralds Gyure’s recent book on the architect as the “first to reevaluate the evocative and polarizing midcentury architect.” Joining Gyure will be architectural photographer Jim Haefner and others who have been involved in recording and restoring Yamasaki’s work.

It will be all about water when a panel of experts discusses sustainable landscapes on Sunday, April 7. Patrick Judd has the inside details on drainage plans for the much-anticipated Oudolf garden planned for Belle Isle. Professional landscaper Stephen Hansen will share his experiences


harvesting rain water, and retired grounds manager at Grosse Pointe Farms Pier Park Rodney Girolami will list the pros and cons of a rain garden. The moderator will be James Ridgway, who is involved in water run-off planning for the Jefferson-Chalmers neighborhood.

Finding new ways to solve housing needs will be the topic for the final lecture on Sunday, April 28. Among the panelists will be the Rev. Faith Fowler of Cass Community Social Services and Leslie Horn, founder and CEO of ThreeSquared Inc. Fowler started a Tiny Homes neighborhood in Detroit to provide housing for the homeless and others who find homeownership out of reach. Horn’s company fabricated the largest container apartment complex in the country. Quinn Evans architect Angela Wyrembelski who designed a tiny home will join them.

The finale of the series will be a tour of the one-of-a-kind home of artists Kurt Kastner and Monika Essen just a few blocks away from The War Memorial. Only series ticket holders will be invited on the tour that will follow the April 28 lecture.

Series tickets for four lectures and the house tour are \$80 for GPAA members and \$100 for non-GPAA members. Tickets for individual lectures are \$20 each for GPAA members and \$25 for non-members.

Visit grossepointeartcenter.org to register. Call (313) 881-3454 if you have any questions.

All proceeds fund GPAA programming for promising high school artists, veterans and elderly in the community and their caregivers. 

Photos courtesy of GPAA

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Photo by Danny Rebb

The Demon of Addiction at a Crossroads

Danny Rebb and Ronald Strickler were paired in an ekphrastic (one art form describing another) event sponsored by the Arts Ministry of Grosse Pointe Congregational Church.

“I had written the poem, ‘Crossroads,’ from a colleague’s story about a homeless person now alone on the same street corner where he had once caught the school bus,” says Strickler. “Danny Rebb captured that person using his buddy Ben, a rehab graduate, in the photo he titled ‘The Demon of Addiction.’”

The works are currently on display in the church basement art gallery.

Strickler adds, “For me, both the image and the poem have a simple message: there but for the grace of God go I.” [P](#)

For Sach. Colleague and Friend, Artist and Chronicler of Life: A Good Human Being

CROSSROADS

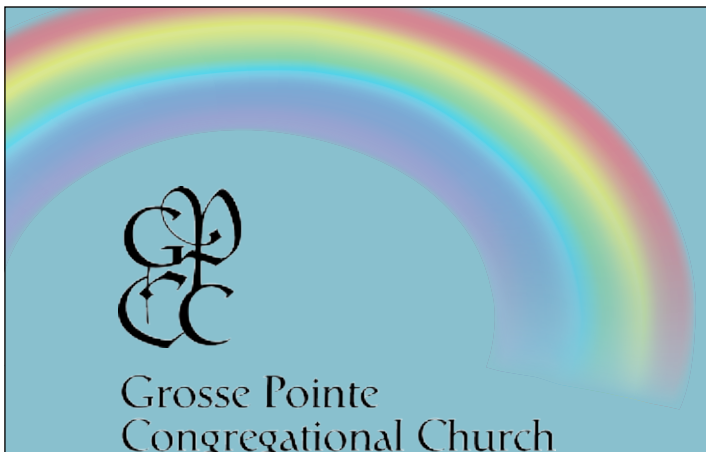
By Ronald C. Strickler, MD, MBA

Collar of a thread-bare coat turned to evenings’ damp.
Silently, I stare from a milk-crate dais,
A hand-written sign, “Homeless and Hungry”, my fob.
Judgements come from passing car windows:
“Lazy bum: get a job!”
This is my lonely corner, my place to wait.



A boy in school uniform alights my mind’s eye.
I can almost feel Mom’s kiss on my forehead,
Almost see Mom waving until the road curved right.
Come afternoon, you stood in this very same spot,
As if you never left my sight.
This was my happy corner, the school bus stop.

School taught me subjects: Mom taught me life.
Our rough road through poverty smoothed
With hard study, honest work, good deeds, a degree.
Mother’s pride beamed as you took my arm whose hand
Held the diploma: graduate MD.
Corner to corner, I followed her direction.

A good human being; a different day not so long ago.
After Mom left this world, a cocaine sewer sucked me in,
Swallowed me whole. What remains is a shell without soul.
Heart broken in heaven, can you take me now?
My last request, don’t disavow.
This is my dark corner: how long must I wait?



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DRIVING GROSSE POINTE

GREEN MEANS GO

By Alexander Kelly

*J*ohn Scholtes is the owner of a 525 horsepower replica 1965 Shelby AC Cobra. Since childhood he has pursued his passion for cars. Today, he works at Ford Motor Company. I asked John some questions about his car and himself:

Q: How did your passion for cars start?

A: Oh, it started at a young age. My mother, she has a quote from when I was a young kid — she'd asked me what my favorite color was and I would respond 'green' because that means 'go.' From a stop light, accelerating away.

I did auto mechanics in high school, worked in a tire shop and had my own car. I went through five engines and two transmissions in about two years. I raced go-karts in college at Purdue University and ended up qualifying for the Purdue Grand Prix race in my senior year and finished in fifth place.

Q: Why did you buy the 525 horsepower replica 1965 Shelby AC Cobra?

A: It's a beautiful car, the styling of it, I really really love. It's fun to drive, open top.

Q: What do you like most about this car?

A: Two things. The styling and the sound of the engine.

Q: Anything you dislike?

A: I can't drive it year round.

Q: What makes this car stand out from the previous cars you have owned?

A: Well, it's a car that I have for fun. All other cars I've owned were used to get me from Point A to Point B. But this I get to drive for fun.



Photos by Alexander Kelly



Q: What other cars would you be interested in purchasing?

A: Probably a 1967 or 1968 Shelby Cobra GT500, convertible.

Q: What brought you to Grosse Pointe?

A: I came to work for Ford in 1982 and moved to Grosse Pointe in 1986.

I like old houses that are unique, currently on my second one. I really enjoy the neighborhood, the schools, the community. It's just a good place to raise a family. [Φ](#)

To see more local cars, visit Alexander Kelly on Instagram: [@cars_hq](#)

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A parochial school's financial needs go well beyond what's required for basic operations. There are supplies to buy, bookshelves to fill, field trips to fund and information technology to upgrade.

The yearly auction at St. Paul on the Lake Catholic School helps cover such expenses. The 32nd annual fundraiser will be held Saturday, Feb. 2, at the Grosse Pointe Yacht Club. The theme is "Together We Grow."

"We always say tuition covers faculty and staff," says Therese Schueneman, auction coordinator. "Everything else comes from the fundraising effort."

The evening gala will feature a strolling dinner, several raffles, silent

and live auctions of donated items, and, for the first time, live music. The Relics, a local band, will perform.


Local businesses and organizations are among the contributors. Raffle and auction highlights include a Vespa Primavera 50 motor scooter; a two-year lease for a Cadillac XT4 crossover SUV; a dozen \$100 gift cards for use in local restaurants; a croquet party at the Edsel and Eleanor Ford House; and breakfast with your favorite animal, a Detroit Zoo excursion.

The auction is the pinnacle of the annual fundraising. The campaign kicked off in the fall with an appeal for direct donations. An online auction followed. Robert and Paula Hindelang

are serving as the auction's honorary co-chairs. Robert and Therese Gorski served as patron campaign co-chairs for the fall solicitation.

Organizers expect a sellout crowd of 300 paying \$100 each to attend the February event. They hope to match or exceed the approximately \$155,000 raised in 2018. For tickets, contact the school at (313) 885-3430.

St. Paul serves 302 elementary and middle school students. The school serves an important role, says Carey Crane, auction chair.

"They get a great education, and it's a faith-based school. The children who are given that education are kids who give back to their community." 

Grosse Pointe Yacht Club, where the auction will take place

Photo by Lauren McGregor



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Toast SMART in 2019

By Lina Bowman

Setting goals is the first and most important part of financial planning. How do you envision your future? What are the values you'd like to instill in your family? What are the memories you can make now that will continue to bring you smiles as the years unfold and life marches on?



In 2019, let's make SMART — Specific, Measurable, Attainable, Relevant and Timely — goals in order to succeed. Think about what you need financially to reach those goals, not just for 2019, but for your future years as well. This is what financial and retirement planning is all about.

When it comes to retirement — whether you're in it now, it's just around the corner or maybe even 10 years away — it's imperative for you to think about what you want, where you're at financially and what you can do to build your resources, bridge any gaps and potentially leverage what you've already accumulated.

2019 may bring many changes, and we're finding ourselves in unfamiliar territory. Even with the increased market volatility, interest rates, political worries and recession concerns, we still have strong economic fundamentals which have allowed us to sail through the market storms so far.

What changes will 2019 bring you? It's never too early or too late to start planning. Work with a seasoned professional who has both the wisdom and patience to help you get to where you want to be. To a SMART 2019!

Lina Bowman is a financial adviser in Grosse Pointe. She can be reached at (313) 343-0800 or Lina@BowmanAsset.com.

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Winter blues... and greens

By Anna Bartolotta

It's always funny to me when I speak to rental owners from warmer climates and they do not understand our seasons and what I mean when I tell them, "We are in winter pricing."

I will never live anywhere but Michigan. I will take the cold winter months in exchange for the unbelievable spring and



summer months, and I will take the slower seasonal rental months in exchange for the exciting real estate rebirth we experience yearly.

Depending on which side of the table you are on, winter can be daunting to an owner with a vacancy or an amazing opportunity for a tenant to secure a rental home for a lower lease rate and save hundreds or thousands of dollars throughout the year.

Inventory on rental units is generally higher in the summer, but we still have a lot of available properties in the winter; we just have less potential people looking to rent.

It is easy to assume that wanting to hang holiday decorations or not moving in three feet of snow are great deterrents for a tenant to move in the winter.

For owners with a winter vacancy, I suggest negotiating a 6- or 18-month lease to ensure you move yourself out of the vacant winter cycle, and for a tenant I suggest it's the time to bargain on the rental amount in exchange for that 18-month lease. Lock yourself in for a lower rate, and for the next 18 months you are saving your hard earned cash.

Moving in the winter is never a pleasant experience, but it could be very beneficial to everyone involved.

Anna Bartolotta is owner of Grosse Pointe Apartments and Property Management. This area's only dedicated, full service, full time rental agency staffed with licensed agents.

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Our Lady Star of the Sea Catholic School reports — it's time to dust off the passport and prepare for European travel to Ireland, France, Italy, and Greece, all in one night!

Auction 2019, "Passport to Europe," will be held Saturday, March 2 at the Country Club of Detroit.

This year's chair is Danielle Brousseau and honorary chairs are Greg and Phyllis DeMars.

"The beautiful old-world architecture of CCD provides the perfect backdrop for the European tour," says Brousseau.

The theme, along with its tagline "Navigating by the Stars" serves as a nod to the strong foundation of a Star education.

"As many parents can attest, the formation, both spiritually and academically, provided by a Star education, guides students as they travel through life," says Brousseau.

Honorary chairs, Greg and Phyllis DeMars are a testament to following the guiding star.

"Mr. and Mrs. DeMars attended Catholic schools. Phyllis attended Star. They are proud parents of three Star alumni and are thankful for the formation the education provided their children," says Brousseau. "Phyllis taught several grades at the school and is responsible for launching its Enrichment Center in 1996. The DeMars continue to be active supporters of our parish, our school and

the annual Auction."

The event will feature a strolling dinner, cocktails, a silent auction, live auction and raffle drawings.

Auction items include a European vacation, Comerica Park suite, beautiful jewelry pieces and an original oil painting of Our Lady

Star of the Sea commissioned especially for Auction 2019. Raffles include a Winner's Choice raffle, giving the winner the choice between a 2019 Lincoln MKC, a 2019 convertible Mustang, and \$10,000; and a Year of Dining raffle featuring twelve premier restaurants.

All funds go directly back to the students. This year, funds raised are targeted for the introduction of a robotics program.

Some items made possible through past auctions are iPads in each classroom, an updated computer lab, implementation of a dynamic STEM curriculum and a student-focused nature center.

Aside from the little ones, all are welcome to attend. The cost is \$90 per person. Cocktail attire is the dress for the evening. Men typically wear suits or a jacket and tie and women, cocktail dresses.

"This is all possible because of the support of our Grosse Pointe community and a culmination of efforts of a devoted staff, inspired parents, and enthusiastic volunteers," says Brousseau. [P](#)

THE HELM LIFE JOURNAL

SERVICES FOR OLDER CITIZENS IS NOW THE HELM AT THE BOLL LIFE CENTER!

THE HELM – NOT
JUST YOUR PARENTS
HANGOUT ANYMORE!
OPEN HOUSE JANUARY
26, 1-4 PM
Page 2

SEE WHAT'S HAPPENING
AT THE HELM
Page 3

GOURMET LUNCH
AWAITS YOU AT THE
HELM
Page 4

NEED A LIFT?
CALL THE HELM
Page 4

STAY IN TOUCH
Page 4

This truly is an exciting time in the lifecycle of SOC! We began as an organization 40 years ago with the idea that SOC would be a one-stop shop providing a range of services for seniors in the Grosse Pointes and Harper Woods. While that mission has not gone away, it has expanded and changed over the years with new services and programs aimed at the changing senior population in our community. Even our original name, "Seniors Onward for Change," reflected the belief change is inevitable and good for organizations and individuals.

On October 17, we officially became **The Helm at the Boll Life Center**. Our new tagline is "Life's a journey. Find your way here."

So, why make a change? The simple answer is that Americans are living longer than ever and their needs and interests are changing. So are ours. We announced a new name, updated logo, improved website and a new mission statement to better reflect those needs and interests and convey how we are leading the way for older adults to grow up and grow older in the community they love.

This change was not made for the sake of making a change. Rather, months of thought and work went into developing a new three-year Strategic Plan as well as the creation of our new name and logo. We interviewed our stakeholders and asked hard questions of ourselves. The research boiled down to a one-word focus: **Meaningful**.

continued on page 2



continued from page 1

Everyone, of every age, wants to live a meaningful life. As we pondered a new name to reflect those concepts, we looked for a name and direction that would **connote leadership, control and movement**. We sought a simple, easily understood, multidimensional name that “fits” the community.

Our new logo and materials convey a sense of optimism and positivity, which more closely portray our new mission statement: **“Our purpose is to inspire and enable residents of the Grosse Pointes and Harper Woods to enjoy the gift of longevity, living healthier and meaningful lives, as they age.”**

Finally, we wanted to honor the Boll family for their support of our organization over the years. It was their lead gift to our capital campaign that led the way to renovating the beautiful building that houses our offices, hence the “Boll Life Center” in our new name.

The helm is the “steering wheel” of a boat and to us was symbolic of our program participants taking charge and living their lives to the fullest. Similarly, our team works to take the lead in the community as a trusted source of referrals and resources for seniors and their caregivers. We

will continue to offer the great programs that so many in our community have come to enjoy and depend on such as Meals on Wheels, PAATS transportation, Medicare counseling, income tax preparation, health and wellness programs, home safety inspections, lifelong learning programs and so much more. In addition, as part of our Strategic Plan, we also are looking at new programs and services that will further assist our community in becoming a great place in which to grow up and grow older! Watch our website and future issues of *The Helm Life Journal* for information about new classes and program offerings.

You can learn more at our new website: www.HelmLife.org. Click on the “About” button and watch the video on what The Helm is all about. And be sure to check out our newly refreshed Facebook page as well: [Facebook.com/TheHelmLifeCenter](https://www.facebook.com/TheHelmLifeCenter).

None of these changes or our Strategic Plan could have happened without a generous grant from the **Matilda R. Wilson Fund**. We are most grateful for their continued support as we reimagine and reinvent The Helm.

If you haven't been here in a while, we invite you back to see what's new. And, if you're a regular... welcome home to The Helm!

The Helm Open House is January 26

Residents of the Grosse Pointes and Harper Woods are invited to an open house at The Helm (formerly Services for Older Citizens) Saturday, January 26 from 1:00 to 4:00 p.m. to see what goes on behind our doors!

You'll nibble on light refreshments (tea sandwiches, cookies, and beverages) while touring the building and seeing demonstrations of a variety of programs sure to tempt you to return!

You'll get to sample a few of the MANY programs we offer at The Helm, such as: Tai Chi, Body Alignment, Mindfulness, Floor Yoga, Ballroom Dancing, Brain Fitness, Downsizing your Home, Ping Pong, Body Alignment, Core Strengthening, French for the Traveler, Piano, and Chorale Singing to name a few.

Best of all, you can sample these programs at no charge! Don't miss out on the fun. Bring your spouse, a friend or a family member who wants to learn more about what we offer at The Helm.



We've got more than just a new name.

These are just some of the many classes and events scheduled for January/February!

We truly have something for everyone in a warm and welcoming atmosphere. Check our website for class dates/times and descriptions: www.helmlife.org.

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Buses run from 7:30 a.m. to 4:00 p.m., with the last pick up at 3:30 p.m. Please call 48 hours in advance to schedule rides. If you need more assistance than door-to-door transportation on the bus, The Helm offers an Escort Program for seniors (60+) or disabled persons living in the Grosse Pointes or Harper Woods.



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AT THE BOLL LIFE CENTER

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Changes

By Jon B. Gandelot

The New Year is often a time when we vow to make changes in our lives. We promise to lose weight, exercise more, take up a hobby and the like.

I jumped the gun, however, with a big change in December when I joined Stan Dickson at Trowbridge Law Firm in the historic Trowbridge House on East Jefferson in Detroit.

This involves a wonderful return to my past. Back in 1982, I spearheaded the restoration of the Trowbridge House — built in 1826 by future Detroit mayor Charles C. Trowbridge — so Stan, I and our partner could headquarter our law firm there. But after my practice evolved in the early 1990s to focus entirely on estate planning and trust administration, I shifted my practice to Grosse Pointe.

Stan and I remained good friends, and when the opportunity presented itself it was an easy decision to return “back where I belong,” as he put it, to serve as the Trowbridge Law Firm’s senior counsel and head its Estates and Trusts department. (I’ll also maintain a Grosse Pointe office for the convenience of clients here.)

I’m doing what I love, with people I respect, in a building that has held a special place in my heart for more than three decades. I hope the New Year holds equally positive changes in store for you.

Jon B. Gandelot is Senior Counsel to Trowbridge Law Firm, P.C., 1380 E. Jefferson Avenue, Detroit, MI 48207 (313) 259-6900, ext. 101; email: jbg@gandelot.com or jbg@trowbridgehouse.com.



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LIVE INSPIRED MAGAZINE
A PUBLICATION OF THE WAR MEMORIAL
JANUARY | FEBRUARY 19

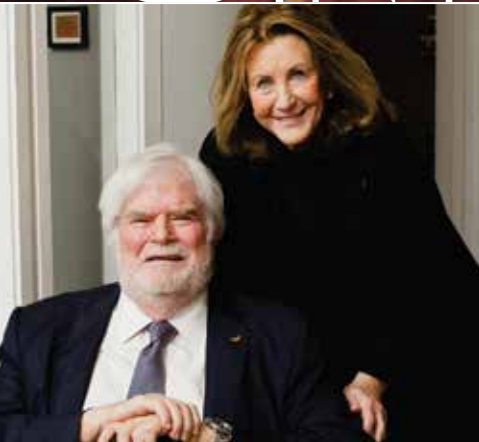
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CLASSES AND ACTIVITIES | 6 UPCOMING EVENTS | 8

THE WAR MEMORIAL

ART & ANTIQUES at The War Memorial

A look back



Honorary Co-Chairs Keith and Mary Kay Crain



Event Co-Chairs Beverly Curtiss Walsh and Betsy Reid Creedon

AN INSPIRED HOME.

Thank you to our committee members, partners, and patrons for helping make our second annual Art & Antiques a success. Your generosity, time, and support made this four-day event an unforgettable experience for those who visited our campus. Proceeds from Art & Antiques will benefit The Patriot Initiative Fund at The War Memorial, as well as the preservation and restoration of the historic Alger Estate.



War Memorial President and CEO Charles Burke, Clune Walsh, Grosse Pointe Farms Mayor Louis Therios, and War Memorial Board Chair Thomas Smith



Keith and Mary Kay Crain and show guests Rebecca and John Booth



Rolf and Linda Mammen, Charles Burke, Thomas Smith, and Patrick Moran



Ron and Mary Lamparter and Dr. Mary Sue Stonisch and Dan Monahan



Jody and Wendy Jennings



Thomas Smith pulls winning raffle ticket



Cheryl Van Tol and Alicia Nicholson



Stephanie Nicholson and Julia Keim



Sue and Dan Pienta



Colleen Fitzgerald, Kathy Kinton Williams, and Christine Alcantara

Chairs and Committee Members

Our sincere gratitude to the Art & Antiques committee. The entire staff of The War Memorial thanks you for your unwavering support and continued commitment to our mission.

HONORARY CO-CHAIRS Mary Kay and Keith Crain

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Chady Haurani, Elise and Mike Hindelang, Nikki and Matt Norris, Rebecca and Reimer Priester, Libby and Aaron Robinson, Hillary and Joe Schmitt, Allison and Kevin Sullivan, Tina and Jason Tinsely, Kathleen and RJ Wolney

ENGAGE. ASPIRE. TASTE.

A new season of culinary experiences at The War Memorial, curated by Executive Chef Natalia Tarnavsky

At The War Memorial, we believe in the power of cuisine as art. Over the past year, we've worked to bring the top chefs from Detroit (and, indeed, from around the world) to our kitchen, hosting special evenings of food, connectivity, and exploration. Our 2019 series of culinary adventures begins this January, featuring adventures in food spanning a variety of cultures and flavors. Join us all year for amazing dinners featuring remarks by our guest chefs, themed cocktail and wine pairings, and fellowship with friends old and new!



CHEF ROD PERENCIN

Born in Sao Paulo, Brazil, Chef Rodrigo Perencin knew he wanted to do something extraordinary from a young age. After moving to the United States as a teenager, Rod decided to follow this dream, which led him to explore the culinary world, ultimately becoming a highly respected and sought-after chef.

Chef Perencin's philosophy about cooking is very simple: **Cook from the heart and people will talk about it.**

Your evening's menu

FIRST COURSE	Lemon garlic chicken, Brazilian yellow couscous, and chimichurri sauce
SECOND COURSE	Black bean soup, wilted greens, crème fraiche
ENTRÉE	Shrimp in pumpkin, green rice, and coconut chips
DESSERT	Passion fruit mousse

All events begin with a complimentary specialty cocktail or wine pairing at 6:30pm
Dinner follows around 7pm

UPCOMING EXPERIENCES

CHEF ROD PERENCIN

WHEN **January 22**

CHEF DARNELL DEVINE

WHEN **February 19**

CHEF MATTHEW SCHELLIG

WHEN **March 19**

THE WAR MEMORIAL EXECUTIVE CHEF NATALIA TARNAVSKY

WHEN **May 14**

COST Individual tickets \$65 per event
Tickets for two \$115 per event
Table of eight \$445 per event
Tickets include one complimentary cocktail per person; full cash bar

More information and menus at
www.warmemorial.org/eat

To learn more about Barbara Bush and the Global Health Corps, visit our website at www.warmemorial.org/barbarabush

BARBARA PIERCE BUSH

One Person Can Make a Difference:
Confronting Today's Global Health Challenges

YOUR EVENING WITH BARBARA PIERCE BUSH

WHEN **THURSDAY, MARCH 14, 2019**

VIP reception 6pm

Including a hosted bar and gourmet hors d'oeuvres, an opportunity to meet and converse with Barbara Pierce Bush in an intimate setting, and premium seating for the main event, as well as first access to the photo opportunity

Keynote speech 7pm

Presented in The War Memorial's Patriot Theater followed by an audience Q&A

Photo opportunity 8pm

Photos of individuals and groups with Barbara Pierce Bush will be taken with guests' own camera or mobile phone

COST **Premium tickets \$125**

General admission \$40

Student admission \$30

Elementary through undergraduate with ID

**Tickets and program information
at www.warmemorial.org/barbarabush**

Deeply committed to improving the lives of those in need, Barbara Pierce Bush inspires us to confront the myriad of health equity challenges that millions face around the world. **Barbara Pierce Bush is a passionate—and compelling—voice in the global fight to confront some of the most prevalent health equity issues of our time.**

Having traveled through Africa extensively and seen some of the world's health problems firsthand, Barbara Bush was inspired to make a difference and harness the passion, energy, and skills of her generation to overcome malaria, HIV/AIDS and the other epidemics of our time. The difference that Bush made was founding the Global Health Corps, an organization that places fellows around the world to bring change to regions of the world that need it most. In this powerful address, Bush talks about her entrepreneurial experience in starting the Global Health Corps and the experiences of those who are also on the front lines in delivering care to those in need. **An inspiring young leader, Bush shows how everyone has the ability to give back—not only on the global stage but in their own communities as well.**

Bush recently wrote a joint book of short stories with her sister, Jenna Hager titled *Sisters First*, which was released in October 2017 and became a *New York Times* bestseller. It takes readers on an extraordinary and deeply personal journey behind the scenes of what it is like to be born into a political dynasty, reveals never-before-told stories about their family, and uncovers the enduring sisterly bond that kept them sane through it all.

*Copies of *Sisters First* will be available for purchase, including a bookplate hand-signed by Barbara Pierce Bush.*



THE DAVE BENNETT WINTER JAZZ SERIES

Sunday brunch. **Fueled by jazz.**

We've partnered with Detroit jazz legend Dave Bennett to bring you a series of winter brunch concerts so hot they'll melt the snow! **Dave has curated a trifecta of incredible musicians, covering different facets of the jazz idiom from percussion to piano to clarinet.** You'll enjoy a gourmet brunch – complete with bottomless mimosas! – followed by the musical stylings of Detroit's inimitable jazz masters.



JAZZ DRUMS
SEAN DOBBINS
SUNDAY, JANUARY 20



JAZZ PIANO
CLIFF MONEAR
SUNDAY, FEBRUARY 3



JAZZ CLARINET
DAVE BENNETT
SUNDAY, FEBRUARY 17

TIME Brunch at 11am, served upon arrival
Concerts at 12:15pm

COST Brunch and concert tickets \$40

Individual concert only \$30
(brunch not included)

Full series of three events \$110

More information and menus at
www.warmemorial.org/arts

The Arts | Culture | Film series at The War Memorial is sponsored in part through a generous gift of Valerie and Patrick Moran.

For tickets, visit www.warmemorial.org/arts or call 313.881.7511



THE AEOLUS QUARTET AND FRANKLIN COHEN



Friday, January 18, 2019 at 7:30pm

The CMSD's unique partnership with The War Memorial continues as the Aeolus Quartet is joined by revered clarinetist Franklin Cohen, former principal of the Cleveland Orchestra.

Mr. Cohen and the Aeolus Quartet will perform together Mozart's beloved *Clarinet Quintet in A Major*. The program also features an early Beethoven masterpiece and the one-movement Fourth String Quartet by American composer Ben Johnston, "Variations on *Amazing Grace*."

COST Premium tickets \$45
General admission \$30
Seniors \$25 | Student and youth \$10



SING TO LOVE

Valentine's Day with Michigan Opera Theatre

Thursday, February 14, 2019

Dinner at 6:30pm; Concert at 7:30pm

A perennial favorite, Michigan Opera Theatre's beloved Studio Artists return to The War Memorial for **an evening of musical magic, featuring hits from the Broadway and opera stages paired with delectable cuisine.** You'll enjoy a fully-coursed gourmet meal, a cash bar, and a performance by rising stars in the world of opera and musical theater.

COST Individual ticket \$65 | Table of eight \$420

The War Memorial's classes, activities, and trips are open to the public! Everyone is welcome - there are no residency requirements and membership is not necessary.

Residency within the Grosse Pointe Public School System district is necessary for Middle School and High School Dances.

CLASSES AND ACTIVITIES

FITNESS, HEALTH, AND WELLNESS

CARDIO MAX

Mondays, 6:15-7:15pm
February 25-April 8
April 29-June 17

CARDIO CORE

Saturdays, 9-10am
March 2-April 13
April 27-June 15

CHAIR YOGA

Saturdays, 10:15-11:15am
March 2-April 13
April 27-June 15



IYENGAR YOGA

Thursdays, 7-8:30pm
January 10-March 21
April 25-June 6

AEROBIC DANCING BY JACKI SORENSON

Mondays and Thursdays,
8:45-9:45am
March 11-June 6
June 10-August 29

TAI CHI WITH JENNIFER

Tuesdays, 6:15-7:15pm
January 8-February 12
February 19-March 26
April 9-May 14

BETTER BALANCE WITH QI GONG

Thursdays, 11:30am-12:30pm
January 10-February 14
February 21-March 28
April 11-May 16

CPR/AED/FIRST AID

Wednesday, 6-9:30pm
February 6 or May 1

SELF DEFENSE FOR WOMEN

Wednesday, 6:30-8:30pm
March 27 or May 29

SELF DEFENSE FOR SENIORS

Wednesday, 2:00-4:00pm
March 27 or May 29

SPORTS AND GAMES

BEGINNER FENCING

Mondays, 7-7:45pm
January 7-February 11
February 25-March 25

INTERMEDIATE FENCING

Mondays, 7:45-8:30pm
January 7-February 11
February 25-March 25

ADULT FENCING

Mondays, 8:30-9:15pm
January 7-February 11
February 25-March 25



BICYCLE REPAIR AND MAINTENANCE

Thursday, 7-9pm
May 16

MUSIC AND DANCE

BEGINNING PIANO

Thursdays, 11am-12:30pm
January 24-March 21
April 18-June 13

INTERMEDIATE PIANO FOR ADULTS

Thursdays, 1-2:30pm
January 24-March 21
April 18-June 13

BEGINNING GUITAR FOR AGES 14+

Tuesdays, 5-6pm
January 15-March 12

INTERMEDIATE GUITAR FOR ADULTS

Tuesdays, 6:15-7:30pm
January 15-March 12

BEGINNING BALLROOM DANCE

Thursdays, 7-8pm

SLOW WALTZ AND RUMBA

January 10-February 14

FOXTROT AND SWING

February 28-April 4

INTERMEDIATE BALLROOM DANCE

Thursdays, 8:15-9:15pm

TANGO

January 10-February 14

RUMBA

February 28-April 4

ADVANCED BALLROOM DANCING

Tuesdays, 7:30-8:30pm

WALTZ AND CHACHA

January 15-February 19

FOXTROT/SWING

March 12-April 16

TANGO/SAMBA

May 7-June 11

LA DANSE ORIENTAL-THE ART OF BELLY DANCING

Wednesdays, 7-8:30pm
January 16-February 20
April 10-May 15

SALSA DANCING I: BEGINNING

Fridays, 7:30-8:30pm
January 4-March 1
March 8-April 12

LATIN CLUB DANCING

Fridays, 6:30-7:30pm
January 4-March 1
March 8-April 12

SALSA DANCING II: INTERMEDIATE

Thursdays, 8-9pm
January 10-February 21
February 28-April 4
April 11-May 30

BACHATA-A LATIN DANCE

Thursdays, 7-8pm

January 10-February 21

February 28-April 4

April 11-May 30

LINE DANCING

Wednesdays, 6-7pm
January 23-February 27
March 13-April 17
May 1-June 5

ART, CRAFTS, AND HOBBIES

WATERCOLOR PAINTING

Wednesdays, 6-7:30pm
January 16-February 27

CORK AND CLAY WITH PEWABIC POTTERY

Friday, 7-8:30pm
March 15

YOUTH

BABYSITTER SAFETY AGES 11+

Saturday, 9am-3pm
March 9 or May 11

SELF DEFENSE FOR KIDS

Wednesday, 5-6pm
March 27 or May 29

YOUTH ETIQUETTE TRAINING AGES 8-12

Saturday, 10am-Noon
Saturday, June 29 or July 13

NEW CLASS

PROTOCOL AND ETIQUETTE INTELLIGENCE

Saturday, 10am-Noon
Saturday, July 20
or August 10

MORE INFO

Full details and registration at www.warmemorial.org or call 313.881.7511

YOUTH FASHION SERIES

Saturdays, 9am-5pm

LEGGY LEGGINGS

January 19

SKATER SKIRTS

April 27

NEW CLASS

BAKING 101 SERIES

Saturdays, 1-3pm

COOKIES, BARS, AND SQUARES

January 12

BISCUITS, MUFFINS, AND QUICK BREADS

February 9

CRISPS, COBBLERS, AND CRUMBLES

March 16

PIZZA DOUGH, PUFF DOUGH, AND QUICHE

March 30

WRITING WORKSHOPS

JOURNAL YOUR LIFE

Wednesday, 6-9pm
January 16

WRITING WORKSHOP

Wednesday, 6-9pm
February 20

SOMETHING DIFFERENT

NEW CLASS

CREATE YOUR LIFE VISION BOARD WORKSHOP

Saturday, 9am-3pm
January 12

ANCESTRY: FINDING YOUR FAMILY TREE

Saturdays, 9am
January 12 or February 9

Monday, 7pm
January 14 or February 25

OUT OF THE ORDINARY, INTO THE EXTRAORDINARY

Wednesdays, 7pm

ASTROLOGY, REINCARNATION, AND KARMA

January 30

MEDITATION AND MESSAGES

February 13

PSYCHIC FUN NIGHT

February 27 or April 17

ANGELS SURROUND US

April 10

AMERICAN RED CROSS BLOOD DRIVE

Thursday, 9am-8pm
February 21

DAY TRIPS

Most day trips include a lunch stop! Visit www.warmemorial.org/daytrips for complete itineraries



NATURE TRIP: BELLE ISLE NATURE CENTER & DNR OUTDOOR ADVENTURE CENTER

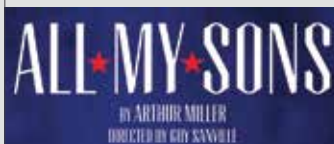
Wednesday, January 16

RUSSIAN HIGH TEA AT THE ROYAL EAGLE RESTAURANT

Tuesday, February 19

GUIDED TOUR OF ELMWOOD CEMETERY AND THE DIA

Thursday, March 21



ALL MY SONS AT THE PURPLE ROSE THEATER

Wednesday, April 17

DAYCATION AT THE WAR MEMORIAL: LUNCH AND MOVIES

Lunch at 11am, movie around 12:15pm

IT'S COLD, SO LET'S GO TO THE BEACH! BEACH BLANKET BINGO

Tuesday, January 15

LOVE IS IN THE AIR! BREAKFAST AT TIFFANY'S

Thursday, February 7

SPRING HAS SPRUNG! EASTER PARADE

Thursday, March 19

EXTENDED TRAVEL

The War Memorial travels the world! Visit www.warmemorial.org/travel for current trips and itineraries

DRIVING SCHOOL

GROSSE POINTE DRIVING SCHOOL

Classes run year-round. For a full list of sessions and attendance requirements please visit www.warmemorial.org/drivertraining

MIDDLE SCHOOL DANCES

FIRE AND ICE

Thursday, January 24

80'S DANCE PARTY

Friday, February 8

GLOW

Friday, March 15

For specific details and attendance requirements, please visit

www.warmemorial.org/youthdances

HIGH SCHOOL DANCE

For Freshmen and Sophomores

Friday, January 25
7-9pm

For specific details and attendance requirements, please visit www.warmemorial.org/highschooldances

SKI HI CLUB 2019

Join our ski hi club for students in grades 6-10! Please visit

www.warmemorial.org/skihi for specific details and registration requirements.

Trips to Pine Knob run every Friday, plus day trips will be available on January 21 and February 18.

LIVE INSPIRED MAGAZINE JANUARY/FEBRUARY 2019 ISSUE

EDITORS: Brooks Hoste and Jessica Kaminski

CONTRIBUTORS: Denise Fry, Ryan Nichols, Shawna Norris, Joyce Russell

ART DIRECTION AND DESIGN: Breathe Graphic Design

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Cover photo courtesy of Washington Speakers Bureau

SPECIAL THANKS: Grosse Pointe Magazine

LIVE INSPIRED MAGAZINE IS A PUBLICATION OF LIVE INSPIRED PRODUCTIONS AT THE WAR MEMORIAL.



JAN 15

Daycation:
Lunch and Movie
**BEACH BLANKET
BINGO**

JAN 16

Day Trip
**BELLE ISLE NATURE
CENTER AND DNR
OUTDOOR ADVENTURE
CENTER**

JAN 18

Chamber Music Society
of Detroit
**AEOLUS QUARTET
AND FRANKLIN
COHEN**

JAN 20

**Dave Bennett
Winter Jazz Series**
**SEAN DOBBINS,
JAZZ DRUMMER**



JAN 22

Dinner and Remarks with
CHEF ROD PERENCIN

UPCOMING EVENTS

AT THE WAR MEMORIAL

Information and tickets available online!
www.warmemorial.org



JAN 25

New in 2019!
**FRESHMAN AND
SOPHOMORE HIGH
SCHOOL DANCE**



FEB 3

**Dave Bennett
Winter Jazz Series**
**CLIFF MONEAR,
JAZZ PIANIST**



FEB 7

Daycation:
Lunch and Movie
**BREAKFAST AT
TIFFANY'S**



FEB 14

Dinner and Concert with
Michigan Opera Theatre
SING TO LOVE



FEB 17

**Dave Bennett
Winter Jazz Series**
**DAVE BENNETT,
JAZZ CLARINETIST**



FEB 19

Dinner and Remarks with
CHEF DARNELL DEVINE



MAR 2

The Met Live in HD
LA FILLE DU RÉGIMENT



MAR 8

Chamber Music Society
of Detroit
STEWART GOODYEAR

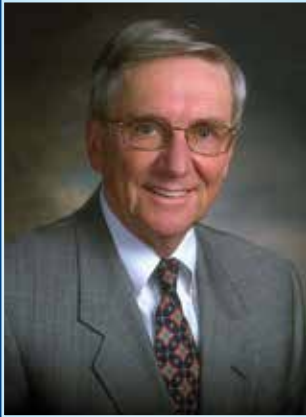


MAR 14

Reception and Keynote
**BARBARA
PIERCE BUSH**

EVERINGHAM & ASSOCIATES

COUNSELORS AT LAW



J. Theodore Everingham

63 Kercheval Avenue,
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Grosse Pointe News

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Meet Finnegan

Name:
Finnegan Nox

Parents:
Andrea & Travis

Birthdate:
Sept. 30, 2018

City:
Grosse Pointe Park

Siblings:
Avery, 9, and Lennon, 3 months

First word:
Gaa

Favorite activity: **Drinking milk, playtime with my light-up star and listening to music.**

Cute fact: **Finn LOVES the water.**



About Finn

in Mommy and Daddy's words

Finnegan smiles with his mouth and his eyes. He likes stroller rides, even when it's cold. He loves to look around and know what everyone is up to. He gets excited when he hears the water running and even happier when he gets in it.

Meet Lennon

Name:
Lennon Grace

Parents:
Andrea & Travis

Birthdate:
Sept. 30, 2018

City:
Grosse Pointe Park

Siblings:
Avery, 9, and Finn, 3 months

First word:
A-gee

Favorite activity: **Playing on her playmat, taking naps and reading stories with her big sister.**

Cute fact: **Lennon is 24 minutes older than her twin brother.**



About Lenny

in Mommy and Daddy's words

We call her "Lenny" and she is the happiest baby you will ever meet. She wakes and sleeps with a smile on her face. She has a strong snuggle game and will often rest her sweet head on your shoulder and baby talk.

Whether you need an updated executive headshot for your website,			
	or a new headshot for your modeling rep card that will get you noticed,		
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			<p>Mary Ann and Ahmed Ismail</p> <p>THE PORTRAIT PLACE</p> <p>20231 Mack Avenue Grosse Pointe Woods 313-343-9060 www.portraitplacegwp.com www.gp-seniors.com</p>

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Meet Avery



Name: **Avery**

Age: **9**

City: **Grosse Pointe Park**

Parents: **Andrea (mother) & Travis (stepfather)**

Siblings: **Lennon & Finnegan, 3 months**

Interests: **Reading, swimming, playing the violin and doing crafts**

What is your favorite thing about going to school?

Being a Peer-to-Peer mentor

What do you want to be when you grow up?

A Spanish teacher

What is your favorite thing to do with your family?

Cooking dinner

Who is your hero and why?

My mom, because she is the best mommy in the world! I want to be just like her.



Favorites

Food

Chocolate

Vacation

Puerto Rico

Game

Hide and go seek

School Subject

Reading

Outdoor Activity

Playing tennis

Book

Diary of a Wimpy Kid: Meltdown

About Avery

“I love swimming. I am even on the Mutant’s swim team! I like being a big sister, and I am good at it. I love to bake and play LOL dolls. I also am a big Harry Potter fan.”

Looking for Extra Copies of Pointe Magazine?

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F: 9 A.M. - 6 P.M.
S: 9 A.M. - 5 P.M.
Su: 1 P.M. - 5 P.M.



EWALD

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and Lakepointe
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48230
313.821.8830

WINTER HOURS

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F: 9 A.M. - 6 P.M.
S: 9 A.M. - 5 P.M.
Su: 1 P.M. - 5 P.M.



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20680 Mack Avenue
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48236
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M - Th: 9 A.M. - 9 P.M.
F: 9 A.M. - 6 P.M.
S: 9 A.M. - 5 P.M.
Su: 1 P.M. - 5 P.M.

www.grossepointelibrary.org | [f](#) [t](#) [i](#)

WCCCD, in Partnership with The Helm at the Boll Life Center, Proudly Presents Senior Continuing Education Programs



WCCCD offers Continuing Education Courses for Seniors onsite at The Helm located in Grosse Pointe

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Peggy's Picks



Photo by Jeffrey Sauger, courtesy of GPPL

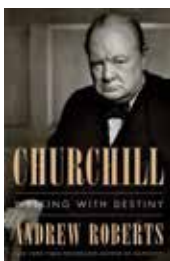
By Peggy Kitchel
Assistant Director, Grosse Pointe Public Library

Winter is the perfect time to exercise your brain. You have the reading goals and your library has the books. Expand your vocabulary and your mind. Read award winning books and titles on all the best book lists. Stop by your library to pick up our 2019 Bookish Challenge.



***The Friend* by Sigrid Nunez**
 Becoming the guardian of her late best friend's enormous Great Dane, a grieving woman is evicted from her no-pets apartment

and forges a deep bond with the equally distraught animal in ways that initially disturb her friends. Isolated from the rest of the world, increasingly obsessed with the dog's care, she comes dangerously close to unraveling. But while troubles abound, rich and surprising rewards lie in store for both of them. Winner of the National Book Award.



***Churchill: Walking with Destiny* by Andrew Roberts**

We think of Churchill as a hero who saved civilization from the evils of Nazism and warned of the grave crimes of Soviet communism, but Roberts reveals that he has as much to teach us about the challenges leaders face today — and the

fundamental values of courage, tenacity, leadership and moral conviction. In this landmark biography of Winston Churchill based on extensive new material, the true genius of the man, statesman and leader can finally be fully seen and understood. Wall Street Journal's Ten Best Books of 2018.



***Less* by Andrew Sean Greer**
 Who says you can't run away from your problems? You are a failed novelist about to turn fifty. A wedding invitation arrives in the

mail: your boyfriend of the past nine years is engaged to someone else. You can't say yes — it would be too awkward — and you can't say no — it would look like defeat. On your desk is a series of invitations to literary events around the world. How do you arrange to skip town? You accept them all. Winner of the Pulitzer Prize.



***Bluebird, Bluebird* by Attica Locke**

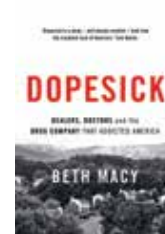
When it comes to law and order, East Texas plays by its own rules, a fact that Texas Ranger, Darren Mathews, knows all too well. He was the first in his family to get as far away from Texas as he could. Until duty called him home. When his allegiance to his roots puts his job in jeopardy, he travels up Highway 59 to the small town of Lark,

where two murders have stirred up a hornet's nest of resentment. Darren must solve the crimes — and save himself in the process — before Lark's long-simmering racial fault lines erupt. Winner of the Edgar Award.



***Milkman* by Anna Burns**

In this unnamed city, to be interesting is dangerous. Middle sister is busy attempting to keep her mother from discovering her maybe-boyfriend and to keep everyone in the dark about her encounter with Milkman. But when first brother-in-law sniffs out her struggle and rumors start to swell, middle sister becomes "interesting" — the last thing she ever wanted to be. Winner of the Man Booker Prize.



***Dopesick* by Beth Macy**

Dopesick is the only book to chart the devastating opioid crisis in America. Through unsparing, yet deeply human portraits of the families and first responders struggling to turn this epidemic around, each facet of the crisis comes into focus. In these politically fragmented times, Beth Macy shows that the only thing that unites Americans across geographic and class lines is opioid drug abuse. Best of Non Fiction 2018.

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Jazz Fest VIP Party* Aug. 31 @ The Qube, Campus Martius

Photos by Christine M.J. Hathaway

* Detroit Jazz Festival Foundation's Opening Night Vip Party



Tom Robinson, Gretchen Valade Carhartt and Mark Stryker



Clarice and Tony Michaels, Chief James Craig and Gretchen Valade Carhartt



Bobby and Penny Cobb



Janet Cosby, Sharon Madison, Karen Lloyd and Anne Watson



Mark Blanke and Michael Perkins



Terrence West, Zmisha Stallworth and Oliver Ragsdale Jr.

Dog Days of Summer Auction* Oct. 3 @ Grosse Pointe Yacht Club

Photos by Renee Lanyduyt

* Grosse Pointe Chamber Dogs Unleashed Street Art Project



Anne and Hugh O'Connor



Finnian O'Connor, Iyla O'Connor and Dylan Hill



Janet and Brian Dabney



Lori Stefek and Michelle Montone

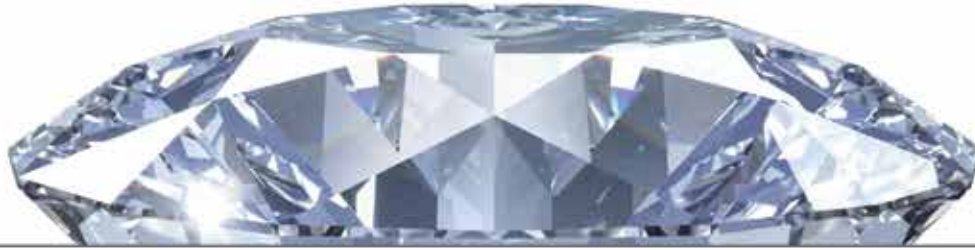


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SOC* Gala Oct. 11 @ The War Memorial

Photos by Renee Landuyt

*Services for Older Citizens (The Helm)



John and Marlene Boll



Carolyn Skaff, Stephanie Germack and Renee Peck



Donna and Ron Carloni



John Amormino and JoAnn Gerlach



Sharon Burke, Susan Higbie, Jean Kennary and Joan Long



Santa Claus and Christmas Carol

Coach Frank Sumbera Celebraton Oct 24 @ Barrister Gardens

Photos by Renee Landuyt



Sumbera Foundation Trustees Gary Spicer, Frank Sumbera and Peter Mogk



Dan Griesbaum Jr. and Ryan Ermanni



Darren Audia and Mark Ciaravino



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Mary Ellen Sumbera, Michelle Stackpoole, Brian Stackpoole

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Shauna Diggs, MD

Medical Services

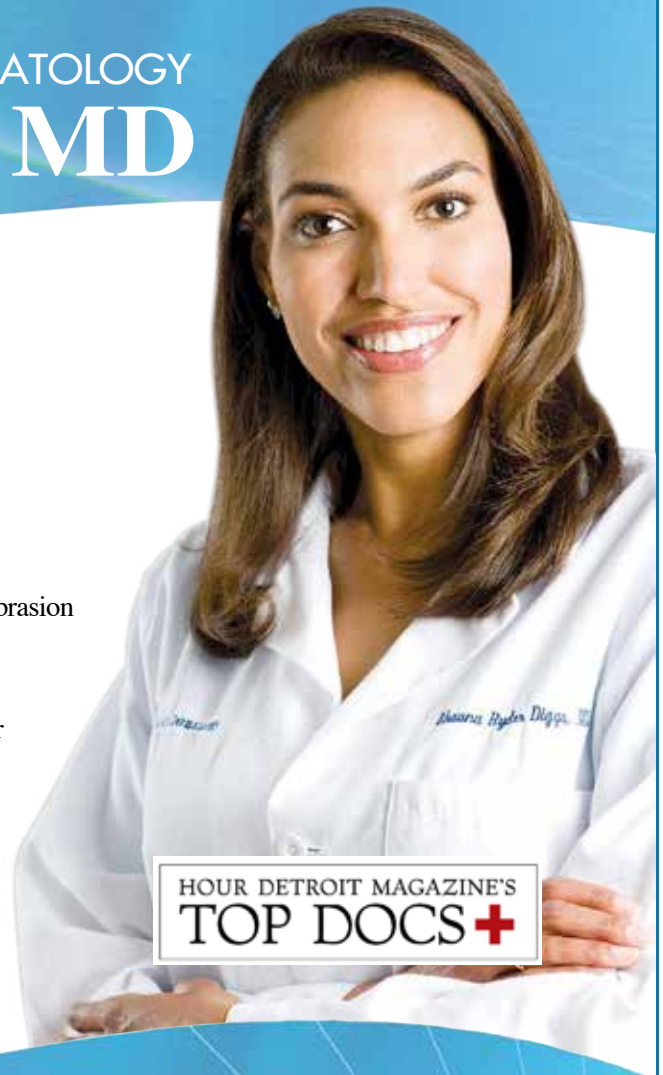
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Arts & Antiques Nov. 1 @ The War Memorial

Photos by Renee Landuyt



Keith and Mary Kay Crain



Candice Clark Bertschy and Ray Bertschy



Karen Pope and Peggy Hart



Mary and Rob Lubera



Patrick Moran, Kay Wasinger and Warren Diller



Richard and Jill Best

5-Year Donor Celebration Nov. 8 @ The Neighborhood Club

Photos by Renee Landuyt



Connie Demkowicz, Stu Alderman and Chris Lee and Cathy Lee



Anne Rahm, Robert Rahm and Sheila Book



Cynthia Hempstead, Peggy King Scully and George Guo



Bill Shelden, Lloyd Semple and David Hempstead



Mary Roby and Connie Demkowicz



David Hempstead and Lynn and Paul Alandt

Ardmore — St. Clair Shores Gem

26717 Little Mack, St. Clair Shores • (586) 443-4597

For lunch we offer an array of salads, sandwiches, hot entrees and new specials daily. A few of our wonderful dinner menu items include steaks, lamb chops, stuffed salmon and 1/2 roasted duck. We also offer selections from a full bar to compliment your meal. Book your wedding, rehearsal dinners, baby showers, birthday parties or funeral luncheons with us; prices starting at \$13.95 per person. Ardmore Park Place — it's more than dining; it's a shopping experience. We are located on Little Mack in St. Clair Shores, just north of Frazho Road (10 1/2 Mile).

Our next 5-Course Wine Tasting Dinner is Wednesday, Feb. 13, 7-10 p.m., featuring VALENTINE appropriate pairings. The cost is \$69 (tax and gratuity included). Please make reservations early as seating is limited!

Hours: Lunch: Tue-Sat 11am-4pm; Dinner: Thurs-Sat 5-9pm

Web: www.ardmoreparkplace.com



Atwater in the Park

1175 Lakepointe, Grosse Pointe Park • (313) 344-5104

Atwater in the Park is situated in downtown Grosse Pointe Park in the former Grace United Church, a nondenominational church built in 1936. Atwater Brewery owner Mark Rieth transformed the church, beautifully preserving much of the original structure, and opened as neighborhood brewery and restaurant in 2014. The Park's 40 taps pour many of your Bavarian-style Atwater favorites alongside Brewer Brad Etheridge's own exclusive beers, plus wines and Atwater Spirits. The full-service restaurant serves delicious pub fare and German-inspired cuisine in our Main Dining Hall year-round or in our traditional Biergarten during the warmer months. Follow us on Facebook and join our Mug Club for even more fun! Hosting a holiday party? Our Munich Room holds 35 people! Please contact: events@atwaterbeer.com if you are interested in hosting your next event at a one of a kind venue! We hope to hear from you very soon ... Prost!

Hours: Mon-Thurs 11:30am-11pm; Fri-Sat 11:30am-12am;
Sun 11:30am-10pm

Web: atwaterbeer.com



Blufin Sushi ... EXPANDED DINING, FULL BAR!

18584 Mack Avenue, Grosse Pointe Farms • (313) 332-0050

Blufin is located on Mack just south of Moross. We have a great atmosphere in a cozy setting. At Blufin, we offer fresh, healthy foods using only the finest ingredients. We offer a wide variety of sushi, including our signature rolls like the Blufin, Las Vegas and Grosse Pointer made with only the freshest Alaskan King Crab. All our rolls are plated with amazing artistry. Also on our menu are entrees such as Japanese fried chicken, ahi tuna, Mongolian Beef, fried rice and tempura vegetable. Blufin Sushi has so many items to choose from we can't list them all. We also offer salads, soups, sliders, desserts and a kids menu consisting of chicken fingers, grilled chicken, fish tacos, etc. We now have our liquor license serving sake, wine, beer and cocktails. \$250 Reservation fee up to 6 guests. \$ covers food and drink.

VALENTINE'S DAY IS THURSDAY, FEB. 14 ... DON'T DISAPPOINT!

Hours: Mon-Wed 11:30am-10pm, Thur-Sat 11:30am-12am, Sun 11:30am-10pm

Happy Hour: Mon-Thur 2:30pm-5:30pm

Web: WWW.BLUFINSUSHI.COM



Champs Rotisserie & Seafood

20515 Mack Avenue, Grosse Pointe Woods (3 blks. S. of Vernier) • (313) 886-7755

Champs is located on Mack just three streets south of Vernier. Our soups, sauces and dressings are housemade daily using only the freshest ingredients from Michigan companies when possible. Champs is known for its Rotisserie Ribs and Chicken, served with our homemade BBQ sauce for which Champs has been known for the past 52 years since it was the BBQ House of Grosse Pointe. We also offer an exquisite variety of seafood, salad entrees, sandwiches, appetizers and a full children's menu. We also offer daily specials that we have become known for. For those warm nights, enjoy our patio with a big screen TV or you may choose to stay inside and snuggle by our beautiful fireplace. With this unique atmosphere, comes a full-service bar to make your dining experience complete. We have a great selection of Michigan-made vodka, gin and bourbon and a wide selection of scotch, from house to high end. Call ahead on those busy days for a carry-out. Our specially designed carry-out boxes will ensure your food gets home fresh and hot. We will cater your next event. Call and speak to one of our catering specialists after 4 p.m. Order off our catering menu or create your own.

HAPPY VALENTINE'S DAY FROM CHAMPS!

From Monday, February 11th thru Thursday, February 14th, bring your Valentine to Champs. With the purchase of 2 entrees you can share a dessert ... on the house!


Hours: Mon-Thurs 4-10pm, Fri-Sat 4-11pm, Sun 3-10pm

Web: www.ChampsRotisserie.com



City Kitchen

16844 Kercheval, Grosse Pointe • (313) 882-6667

Located in the heart of The Village, City Kitchen prides itself on being a unique neighborhood eatery that serves quality fare in an upscale, yet relaxed and casual setting, as well as carry-out and on- and off-site catering. The restaurant offers fresh seafood from Foley Fish Co., Boston's famous fish house, as well as Great Lakes perch, pickerel and Lake Superior whitefish delivered daily. From the grill, try "Certified Angus Beef" New York strip or tenderloin steaks and some of the best burgers in town. Also enjoy seasonal salads, desserts, appetizers and wood-fired pizza. Join us at our bar for Happy Hour Monday-Friday from 4:30 to 6:30 p.m. and enjoy your favorite cocktail, beer or wine of your choice at our special Happy Hour pricing. 

VALENTINE'S DAY IS THURSDAY, FEB. 14. MAKE YOUR RESERVATIONS EARLY!

Hours: Lunch: Mon-Fri 11:30am-3:30pm

Dinner: Mon-Thurs 4:30-9:30pm, Fri 4:30-10pm, Sat 5-10pm, Sun 4-9pm


Web: www.city-kitchen.com



Photo by Donald Schulte

Dirty Dog Jazz Cafe

97 Kercheval, Grosse Pointe Farms • (313) 882-5299

Winner of *Hour Detroit Magazine* awards for 2010 Restaurant of the Year and Best Chef 2010 & 2011, the Dirty Dog Jazz Cafe features top guest musicians and award-winning food. Two-time "Best Chef" winner André Neimanis offers an American bistro menu in a well-appointed, 65-seat dining room with white-linen round tables surrounded by red-fabric walls with dark wood, wainscoting, Tudor carriage lights and dog-themed paintings and sculptures. Favorites include Steak Burger with Foie Gras, Beef Short Rib, Salmon Filet and Chicken Pasta to name a few! Live Jazz Tuesday through Saturday offers patrons a unique and memorable experience (reservations are strongly recommended). Private dining is available for up to 25 people in The Boardroom, which also features full meeting and conference capabilities.  


Hours: Tues 11:30am-8pm; Wed-Thur 11:30am-10pm; Fri 11:30am-11:30pm; Sat. 4pm-11:30pm

Web: www.dirtydogjazz.com



Irish Coffee Bar and Grill HOME OF THE ORIGINAL BAR BURGER!

18666 Mack Avenue, Grosse Pointe Farms • (313) 881-5675

Irish Coffee Bar and Grill has been a staple on Mack Avenue in Grosse Pointe Farms for **38 YEARS**, notable for their fantastic bar burgers (1/3 lb ground rounds) and numerous coffee cocktails. Three high-definition TVs make this neighborhood bar a great place to watch the game. Swing by after the game or any entertainment event in the area, bring your ticket stub and your burger is only \$2.96 with purchase of a beverage! The daily lunch special is the best in town: dine-in between 11 a.m. and 5 p.m. and for \$6.95 have a ground round, fries and your choice of beverage (domestic draft beer or pop). This is also good for a fish sandwich or a grilled chicken sandwich. This family-owned restaurant is a great spot for young and old, and there is something on the menu for everyone. The homemade onion rings are a local favorite, and the fresh and hand-battered yellow-belly perch are particularly popular among seafood lovers. Numerous corned-beef sandwiches top off the menu with a true, Irish flare. The grill is open until 1 a.m., seven days a week! Hope to see you there! 

BE SURE TO BRING YOUR SWEETIE BY ON VALENTINE'S DAY, THURSDAY, FEB. 14!


Hours: Mon-Sat 11am-2am; Sun 5pm-2am

GRILL OPEN UNTIL 1 A.M., 7 DAYS A WEEK!



Little Tony's Lounge

20513 Mack Avenue, Grosse Pointe Woods • (313) 885-8522

Little Tony's is Grosse Pointe's favorite Bar & Grill. A place where families and friends have gathered for over 48 years for good food and good cheer. Cozy, quaint and warm, it's a throwback to when a business was run by an owner and not a corporation. A real neighborhood bar, where locals meet and everyone really does know your name. Serving only the freshest of Ground Rounds (they're delivered daily), Little Tony's has made a name for itself as "the place" to go on the east side for Great Burgers. Cooked to order and served with an array of extras, you are sure to have your burger craving satisfied here. Our extensive bar is complimented by a great selection of beers, ales and wines. Dine on our beautiful, open-air patio during the summer months. Tony and Ellen Alfonsi, who have owned and operated Print Xpress in Grosse Pointe Woods since 1981, have taken over as owners and plan on keeping up the tradition of the "Best Burgers on the Eastside." So stop in, they would love to introduce themselves! 

RECENTLY ADDED LUNCH SPECIALS AND HAPPY HOUR


Hours: Mon-Sat 11am-11pm

Web: www.littletonyslounge.com



Luxe Bar & Grill

115 Kercheval, Grosse Pointe Farms • (313) 924-5459

Luxe is the neighborhood spot that serves quality food, drink and atmosphere — without pretense. Hospitality is our passion — quality and taste are the priority. We believe the character of a bar is its patrons, and we welcome all seeking food, company and friendly conversation to enjoy our charmed local bar. An eclectic menu features fantastic Prime Burgers on homemade brioche buns, as well as scratch soups, salads and entrées, including chicken, salmon, lamb chops and steaks in a variety of different daily preparations. Chef Nikola Culakovski embraces various elements of traditional and new American cuisine. 

LUXE BAR & GRILL IS A GREAT PLACE FOR A VALENTINE'S DATE!


Hours: Daily 11am-1am (Kitchen closes at midnight.)

Web: www.luxebarandgrill.com



Mack Avenue Grille

19841 Mack Avenue, Grosse Pointe Woods • (313) 886-0680

As the Mack Avenue Grille enters its fourth year under the ownership of veteran restaurateurs Louie and Dino Ropotos, they would like to kick things up a notch to complement the fine wines and premium beers they began offering last year. The brothers are adding some new fine dining dishes to their menu, including pan-seared and broiled Alaskan Cod, broiled Salmon, Classic Lamb Chops, Chicken Piccata and Chicken Marsala and more to their standard fare, including 31 gourmet salads and breakfast favorites, such as the ever-popular Very Berry Crème Brûlée French Toast. Of course, the Ropotos brothers are not forgetting what made Mack Avenue Grille more than a diner. They continue to offer three homemade soups du jour or freshly homemade chili daily, burgers and all manner of diner sandwiches, fresh-squeezed orange juice and three-egg, whipped omelets of all combinations. All ingredients are fresh — no frozen fish here! 


MACK AVENUE GRILL IS A GREAT PLACE FOR BREAKFAST, LUNCH OR DINNER WITH YOUR VALENTINE!

Hours: Mon-Sat 7am-8pm, Sun 8am-3pm



Pepperoni Grille

22411 Greater Mack, St. Clair Shores • (586) 774-3998

As its name implies, Pepperoni Grille is a cheerful spot set in a welcome, casual atmosphere. The eatery features a small bar and dining room on one side of the central open kitchen, and a second dining room on the other side. It offers notable pizza along with a number of popular dishes from Calamari, Chicken Piccata and Lake Michigan Perch to Filet Mignon and New York Strip Steaks and Baby Back Ribs. The staff is friendly and courteous. The full bar offers wine, liquor and beer. Our Reverse Happy Hour from 8 p.m. to close 7 days features \$2 domestic beers, \$5 martinis and 1/2-off appetizers. Tuesday is half-off pizza all day, dine in or carry out. Wednesdays feature two signature pasta dishes and a bottle of wine \$38. 

2 signature pasta dishes and a bottle of wine \$38 — perfect for Valentine's Day, Thursday, Feb. 14!

Hours: Mon 4-10pm; Tues-Thurs 11am-10pm; Fri 11am-11pm;
Sat noon-11pm; Sun 3-9pm
Web: www.pepperonigrillescs.com



Shores Inn

23410 Greater Mack St. Clair Shores MI 48080 • (586) 773-8940

Established in 1937 and under the same ownership since 1969, the Shores Inn has been a local favorite for generations. Featuring 150 craft beer selections, an enclosed heated patio (with fire pit) and Happy Hour 7 days a week (buy one appetizer, get one free of equal or lesser value with two beverage purchase), the Shores Inn is a popular gathering spot for all ages. Delicious, homemade pizza has just been added to the extensive menu and daily specials keep hungry guests coming back:

Monday - Burger Bash (burger and fries) \$5.99. !

Tuesday - 1/2 off pizza! \$3 Boombas 10 p.m.-close

Wednesday - All you can eat Perch \$12.99, 4-9 p.m. **Ladies Night featuring a Designer Purse raffle!**

Thursday - Fajita Frenzy \$11.99; Rib Riot (1/2 slab with fries) \$11.99

Sunday - Prime Rib \$15.99

All Day, Everyday - Craft Beer of the Month, \$3.75/pint; Domestic Draft Feature, \$2.75/pint;
\$3.50 Shot Specials

Hours: Mon-Sat 11am-2am; Sun Noon-2am
Web: www.shoresinn.com



SideStreet: A Finer Diner

630 St. Clair, Grosse Pointe • (313) 884-6810

The SideStreet diner is a favorite destination for breakfast, lunch or dinner! They offer old time diner favorites with a new age flare. This hip little spot serves up made from scratch meals anytime of the day. Dinner choices like their fresh roasted turkey dinners, or their J.L. Hudson style Maurice Salad, and many Eggs Benedicts (all pair well with a mimosa), you have an array of options to chose from. The diner also gives you six or more homemade soups and chili's to chose from, as well. The SideStreet diner pays tribute to the American lunch counter. The counter is dotted with three layer cakes from their other local business, Sweet Little Sheila's pastry and cake shop. Along with delicious desserts they also offer bottled beer and fine wine. SideStreet diner offers catering, dine in, carry out and the SideStreet Diner has partnered with the door dash food delivery service, for your convenience. SideStreet is located on St.Clair, across from Trader Joe's, in The Village shopping district.



Hours: Mon.-Sat. 7 am- 8 pm; Sun. 8 am- 3 pm
Web: www.SideStreetDiner.com



Sierra Station La Cantina — Celebrating 40+ Years!

15110 Mack Avenue, Grosse Pointe Park • (313) 822-1270

The Sierra Station was established in 1977 and has transformed into a favorite Grosse Pointe Park destination. The Sierra Station prides itself as a family-style Mexican restaurant, offering affordable dinners. Most impressive is the food! Few restaurants survive 40 years unless they have great food. The entrée menu features more than 30 dishes served with the standard rice and beans. House specialties are the Verda Sauce and Chili Relleno. It is one of the few places you can sit down, eat authentic Mexican food, have a Margarita, enjoy the South-of-the-Border ambience and bric-a-brac and let your kids run free. The patio veranda is an ideal space to throw your wedding party, family celebration or business luncheon. Prefer an indoor setting for your event? Sierra Station has a private dining room filled with beautiful authentic decorated space capable of setting 40 guests. Join us on Thursdays for \$3 Jumbo Margaritas. Carry-outs available.



PROSPERO AÑO NUEVO!

Hours: Lunch: Thurs-Fri 11:30am-1pm
Dinner: Open daily at 5pm
Web: www.sierrastationgp.com



Photo by Donald Schulte

Telly's Place

20791 Mack Ave., Grosse Pointe Woods • (313) 881-3985

As a staple of the Grosse Pointe Woods neighborhood since 1982, Telly's isn't your normal bar and grill. Walk in off Mack and you'll instantly notice that with over 35 years of history, a sense of warmth, friendliness and contemporary atmosphere abounds. Everyone is welcome at Telly's. Everyone is family at Telly's. Owners and native Grosse Pointers Ty and Jimmy are committed to bringing you the atmosphere, quality and service that has made Telly's an institution.



Monday - \$4 Margaritas
Tuesday - Bar Bingo 9 p.m.-Midnight. WIN gift cards!
Wednesday - \$5 Specialty Martinis
Thursday-Saturday - Live Entertainment
Sunday - .50 Wings and \$2.50 Domestic Beers


HAPPY HOUR 7 DAYS A WEEK 3-6 PM: \$1 OFF ALL DRINKS AND \$4.99 SELECT APPETIZERS

Hours: Mon-Sat 11am-Close; Sun Noon-Close
Web: tellysplace.com



Villa Restaurant and Pizzeria

21311 Gratiot Avenue, Eastpointe • (586) 778-1780

Loretta, Tony, and Joe are the third generation of the Palleschi family to operate the Villa. Following in the footsteps of their grandparents, Antonio and Arcangela and parents Orlando and Anna, they maintain the family tradition of authentic, home-style Italian cooking started in 1956. The restaurant has experienced numerous expansions and renovations over the past 63 years, but remains in its original location. One thing that has not changed over the years is their commitment to offering a quality meal in a comfortable setting at a moderate price. Customer favorites include: veal parmigiana, baked spaghetti, lasagna, chicken marsala, ravioli, and of course hand tossed round pizza, cooked in a stone oven. For those who prefer deep-dish pan pizza, Villa's is unrivaled. To complete your meal Villa offers several desserts such as: tiramisu, lemon ice, spumoni and of course handmade cannolis. A fine selection of beer, wine and liquor is also available. If you have never tried Villa, stop by and see why they have been an Eastside favorite for over six decades. The family motto has always been, "Let our family serve your family." 

Located minutes from the Pointes

Join us for Valentine's Day, Thursday, Feb. 14!

Hours: Mon-Sat 4-10pm, Sun 2-9:30pm



Watermark Bar & Grille @ Jefferson Beach Marina

24400 Jefferson Ave., St. Clair Shores • (586) 777-3677

The Watermark is Fine Dining at its Best — With its amazing views and classy but casual atmosphere, Watermark Bar & Grille is your go-to place for drinks after work, a date with that special someone or that special event, or just a dinner out with the family. Louie and Dino Ropotos, owners of the popular Mack Avenue Grille, invite you to come by boat, car, bicycle or on foot to their newest culinary venture — the Watermark Bar & Grille at Jefferson Beach Marina on the Nautical Mile in St. Clair Shores. The Ropotos brothers have converted the former nightclub into a family-style waterfront restaurant. Like they have done at Mack Avenue Grille, all their food — from salads, to burgers, to vegetable wraps to pasta, to Lobster Mac & Cheese and daily fish specials — all their food is made from the freshest ingredients purchased daily. And you won't want to miss our great pizza offerings straight out of our new, state-of-the-art pizza oven! Our fabulous 40-stool bar and some 40 dining tables inside — not to mention the outdoor bar and deck — can accommodate any crowd. Come in check out what everyone is talking about — the Watermark Bar & Grille! 

◆◆◆◆OPEN YEAR-ROUND ... THE ONLY WATERFRONT VALENTINE'S DAY LOCATION!◆◆◆◆

Hours: Daily 11am-Close

Web: www.watermarkbarandgrille.com



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GRAND OPENING

We are a newly opened restaurant delivery service that is servicing the Roseville, Eastpointe, St. Clair Shores, and Grosse Pointe areas. Unlike the competition, we have no extra fees, or service charges, all orders are a flat rate charge anywhere in our delivery area. With our extensive background in the restaurant industry we try to handle the food the same way as if you were sitting in the restaurant itself. All the restaurants that we partner with are restaurants that we personally use and enjoy, because we live in the area, and raise our family

in the area.

Check us out at www.dinneratyourdoorstep.com (586)359-6498

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COOKING

with CHEF ETHAN STEINER

Gyro Sandwich with Tzatziki Sauce



I cannot believe it is 2019! It seems like I just packed up my Jeep and drove south on I-75 to Sarasota.

I moved to Sarasota for the job of a lifetime — to be part of opening a new boutique hotel, Art Ovation, downtown.

In March, my parents visited, bringing my dog Gus. He quickly became a Florida dog and is chasing after little lizards with no chance of catching them!

The hotel opened in April and became an instant hit.

I returned home for my cousin's wedding in August and remembered how beautiful Grosse Pointe is in the summer.

In October, I was off to Las Vegas for my twin brother's wedding. He married his long-time girlfriend and BAM!, I have a sister (as my little brother kept reminding me).

Upon my return, I was offered a

position as

Executive Chef and opened another restaurant in Sarasota — Umbrellas 1296. I am excited and honored to design my kitchen and craft the menu with my recipes.

If you are traveling to Sarasota and looking for a place to enjoy a nice evening, please stop in and say hello.

The Gyro sandwich has always been a favorite of mine. Enjoy this deliciously fresh sandwich! [📍](#)

Gyro Sandwich with Tzatziki

Sauce

serves 4

Gyro meat

Ingredients

- 1 lb. ground lamb
- 2 tsp. kosher salt
- 1/2 tsp. ground pepper
- 2 tbs. fresh oregano
- 1 small yellow onion, cut into small chunks
- 1 garlic clove, sliced
- 5 slices bacon cut into 1/2-inch pieces

Directions

1. In a bowl, combine ground lamb, oregano leaves, salt and pepper, mixing until all seasonings have been evenly distributed. Cover and refrigerate for one hour or overnight
2. Preheat oven to 300F. Place lamb mixture in a food processor and add bacon, onion and garlic. Process for 30 to 60 seconds, until mixture becomes a smooth puree
3. Line a rimmed baking sheet with aluminum foil. Shape the lamb mixture into a rectangle about 8 inches long and 5 inches wide. Bake 30 to 35 minutes, or until loaf reaches 155F. Remove from oven and allow lamb to rest 15 minutes
4. Adjust the oven rack to the top of oven, just below the broiler and preheat the broiler



Photo by Ethan Steiner

5. Slice loaf of lamb crosswise into very thin pieces (1/8-inch thick)
6. Line a rimmed baking sheet with aluminum foil. Arrange strips of lamb on baking sheet and broil until edges are browned and crispy, 2 to 4 minutes. Browns quickly

Tzatziki sauce

Ingredients

- 1 medium cucumber
- 1 tsp. kosher salt
- 1-1/2 cups plain Greek yogurt
- 1 small garlic clove, grated
- 1-1/2 tsp. chopped fresh dill
- 4-1/2 tsp. lemon juice

Directions

1. Peel, remove seeds and cut cucumber into large chunks
2. Place cucumber in a colander and sprinkle with kosher salt. Let drain 30 minutes. Dry with paper towels, then chop very finely
3. Combine cucumber with yogurt, garlic, lemon juice and dill
4. Refrigerate at least 2 hours

Assembling sandwiches

Ingredients

- Pocketless pita bread
- Gyro meat
- Tzatziki sauce
- Tomato, cut in chunks
- Yellow onion, thinly sliced

Directions

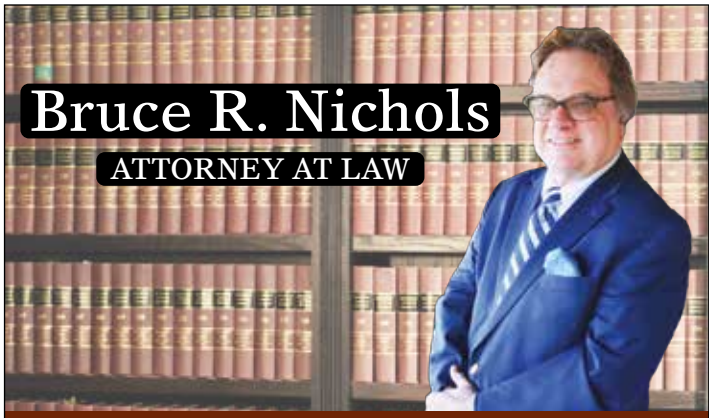
1. Warm the pita
2. Top each with tomatoes, onions and meat
3. Wrap with foil and serve

Chef Ethan Steiner, a 2008 graduate of De La Salle Collegiate High School, completed his formal culinary training at Le Cordon Bleu College of Culinary Arts with an Associates of Occupational Studies Degree in Culinary Arts and a Bachelor of Arts Degree in Culinary Management in Las Vegas.

Steiner's experience in Las Vegas took him to kitchens led by Chef Jose Andres and Chef Gordon Ramsay. In Detroit, Steiner worked as sous chef under Chef Seth High, and in the kitchens of Beverly Hills Grill and ML Café.

After working in northern Michigan at the Island House Hotel, Steiner moved south to Sarasota where he vacationed as a child and fell in love with the area.

Today, Steiner is Executive Chef at Umbrellas 1296 in the heart of downtown Sarasota. Follow him on twitter@Chef_Ethan.



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at home in the Pointes

By Jane Nordberg

Near to Grosse Pointe South High School and only one block north of Lake St. Clair, 43 McKinley Place is one of the most recognizable homes in Grosse Pointe Farms. Built in 1905 by famed Detroit architects Chittenden & Kottling (Detroit Boat Club, The Bingley Fales House), this three-story classic English Tudor boasts 8,500 square feet of sheer luxury.

Sadly, it hasn't always been that way. In recent years, the house had sat empty and neglected, with multiple signs of disrepair as a result. Ivy had run amok, not only obscuring the home's windows but growing into their panes. A prior "quick fix" of the slate roof had caused water damage to the home's original plaster and lathe walls. The once-spectacular harlequin marble floor in the foyer had not been cleaned or polished in years, its intended magnificence obscured by dirt and grime.

The home's current owner, investor Brent Gatecliff, saw through the flaws

and was struck by the home's unique features.

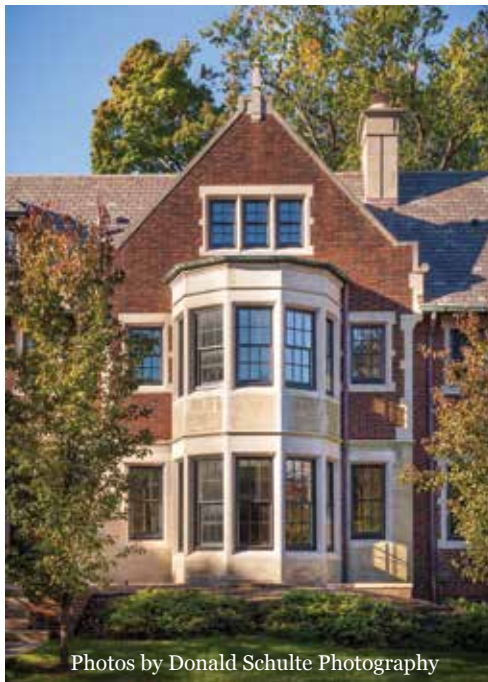
"I was really taken by the architecture of the house," Gatecliff says, noting its two-story bay window

and asymmetrical design, framed by limestone accents. "My main goal was to stop it from deteriorating and restore it with modern features in the style the architects intended."

Gatecliff enlisted the help of Connell Building Company, specialists in the restoration of historic homes. Despite the structure's numerous challenges, Dan Connell says he had a clear and immediate vision of what was needed to get the home market-ready.

"We had to do some major upgrades, not only to bring it up to code but also to provide the conveniences a modern family needs for how we live today," Connell says. An existing smaller bedroom near the master suite was transformed into a spacious closet, while the three other bedrooms received ensuite baths. Multiple walls were removed to expand the kitchen, where interior designer Elisabeth Meda aided Pointe Kitchen and Bath with the custom raised-panel cabinetry.

That said, Connell endeavored to keep as much of the home's original



Photos by Donald Schulte Photography



Photos by Donald Schulte Photography

features intact. “We saved everything we could that was architecturally significant,” he says. Detroit Woodworking painstakingly recreated the spindles and carved stair caps missing from the main staircase, refurbished the handrails and risers and even hand-dipped the brass fixtures. Original crown molding remains throughout the home and the massive wooden front

door was elevated to its rightful place as a breathtaking gateway to the now-luminescent marble floor foyer.

The overhaul hasn’t been limited to the home’s aesthetics; many improvements were made behind the scenes. The plumbing and electrical systems have been modernized, 127 new Pella windows installed, and the battered slate roof received \$120,000 in repairs.

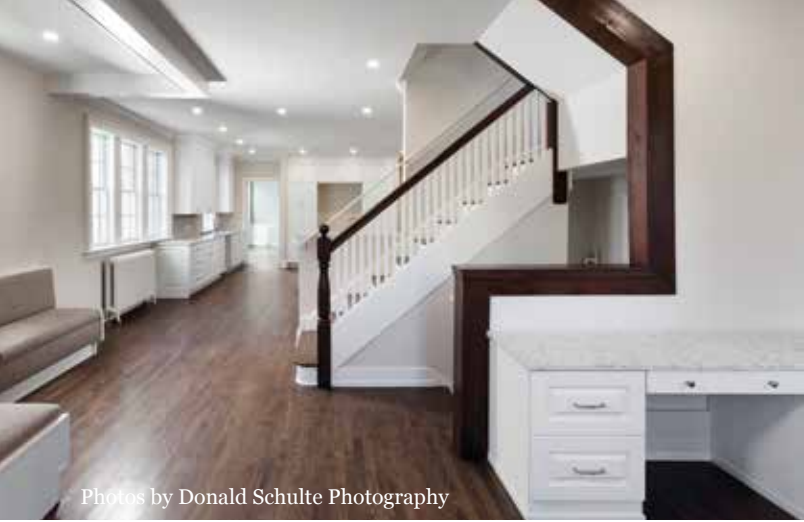
“Some of the biggest-ticket items in the renovation were things an owner wouldn’t notice right away, but will certainly appreciate over time,” Gatecliff says. “Advancements that

were necessary to keep the house structurally sound decades into the future.”

Built as a carriage house, the adjacent three-car garage houses another potential living space. That structure, also, received new windows and roof repairs, and was cleared to provide a blank slate for use as a studio, gym or mother-in-law apartment.

The renovation complete, Connell says the massive undertaking was a labor of love. “Any time you take on a historic renovation, you come into it with a vision for how you will retain the structure’s history while providing





Photos by Donald Schulte Photography



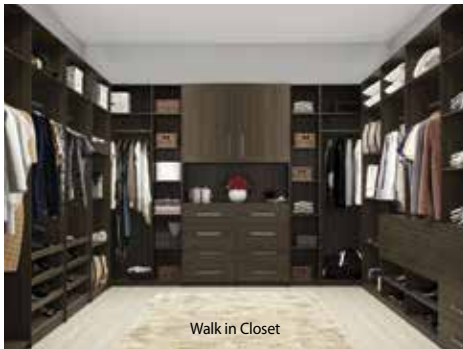
present-day comforts,” he says. “It’s been my passion for 20 years, and I feel it’s a great way to make a living.”

Now restored to its former glory with the addition of modern conveniences, 43 McKinley Place is ready for its next owner to provide the loving touches deserving of this grand landmark. For a tour of this showstopper, call Brent Gatecliff at (248) 219-3051. [P](#)



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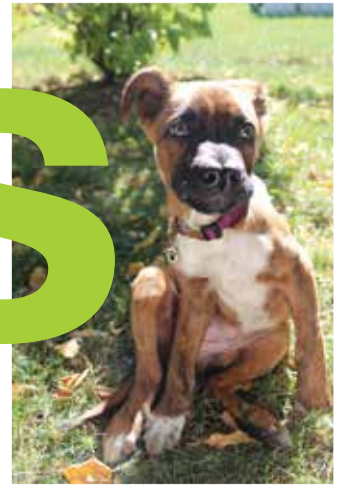
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pets

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Carly

Carly is a 9-year-old MHS rescue mutt who doesn't think of herself as a dog. She loves, and expects, three walks a day. She knows her Farms neighborhood so well that she will refuse to walk if her established route is shortened.



Coco Chanel

Coco Chanel, 9, is a teacup Yorkshire Terrier who loves life with the Lutomski family of Grosse Pointe Farms. Her favorite activities are walking (especially to shop on The Hill, in The Village and The Park) and riding in the basket of a bicycle.



Ruby Jean

Ruby Jean is a Cocker Spaniel Poodle mix who is pretty sure she is human. She recently celebrated her 10th birthday, but everyone still thinks she is a puppy. She loves to cuddle with her mom, take walks with her friend Brenda to The Village and play with her friends at dog daycare.



Jack

Jack is a 9-year-old Pekingese Poodle. He loves chasing the ball and eating, and he's still just three pounds! He spends most of his time at the Rumel residence in the Woods.



Walter

Walter enjoying vacation from being a full time professional Instagram model. He is constantly hounded by the paparazzi so he was relieved it was finally sunglasses season. He enjoys eating and looking at himself in the mirror.



Lacy

Lacy, 8, an English Setter, loves to chase birds and squirrels in the backyard! Her favorite thing to do is go for long walks around Grosse Pointe. Lacy also enjoys car rides and vanilla ice cream. She was adopted by the Maes family from a rescue in 2012.

Marijuana and pets

By Elizabeth Doppke

With the recent legalization of marijuana in Michigan and other states, the number of reported marijuana toxicities in pets has quadrupled.

Symptoms of toxicity include sedation/lethargy, dilated pupils, difficulty walking, agitation, dribbling urine, tremors and even seizures. Fortunately, toxicity is rarely fatal in dogs and cats; however, with the newer medical-grade, synthetic and high-potency edibles now available, this may not continue to be the case.

Symptoms usually begin five minutes to 12 hours post-exposure and can last several days. In-home test kits are unreliable in pets, so veterinarians typically have to rely on the history the caretaker provides.

Since there is no specific antidote for marijuana toxicity, supportive care, such as maintaining hydration and body temperature, are the mainstays of treatment.

There are many studies underway evaluating the medicinal benefits of these products in our companion animals, but because marijuana is still illegal at the federal level it cannot be prescribed by veterinarians.

This also applies to CBD — cannabidiol — products. Even though CBD products are theoretically void of THC (the toxic, psychotropic chemical) there has been varying levels of THC found in many of these products.

Because of this variability, pet owners should be aware of potential toxicity if they choose to use any of these products on their own.

Dr. Doppke is a 2005 graduate of Michigan State University whose special interests include ultrasound and internal medicine. She joined the veterinary staff of Harper Woods Veterinary Hospital in 2005.

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January

Calendar

10 THURSDAY

- Grosse Pointe War Memorial Veterans Club presents “A Soldier’s Shocking Experience” at The War Memorial, more information and registration at warmemorial.org, 7-9 p.m.

12 SATURDAY

- Grosse Pointe Farms Winterfest at Pier Park, 12-4 p.m.
- Grosse Pointe Historical Society Open House at Provencal-Weir House, 1-4 p.m.

14 MONDAY

- The Family Center’s Play Central, at Barnes Early Childhood Center, for parents, grandparents and caregivers to play with their children and socialize with families indoors, follows GPPSS calendar, holidays and snow days, \$5 per family visit, Mondays and

Wednesdays through April 29, 9-11 a.m.

- North American International Auto Show at Cobo Center runs through Jan. 27

15 TUESDAY

- The Tuesday Musicale presents Midwinter Music Concert at St. Clare

of Montefalco Church, 10:30 a.m.

- Aging YOUR Way discussion panel at City Kitchen, topics will include reverse mortgages, final expense planning, aging in place and home modifications, powers of attorney and insurance strategies, presented by Association of Professionals Dan



 NORTH AMERICAN INTERNATIONAL
AUTO SHOW

By Matthew Wentworth

In January, the eyes of the automotive world will once again be turned toward Detroit’s Cobo Center, the site of the 30th annual show.

“There will be 750 cars on the show floor, 1,800 semis hauling equipment and 5,100 journalists from more than 60 countries,” says Bill Golling, NAIAS chairman.

The January show will be the last one in the winter. For 2020, NAIAS leaders are making a bold move, taking the event to June. Golling envisions visitors possibly driving the cars on the Cobo roof, and/or, along the riverfront, and elsewhere. “It gives them the chance to experience them firsthand.”

Moving the show to June also cuts costs for exhibitors. By not having to work around the Thanksgiving, Christmas and New Years holidays, labor costs will be reduced. The show will also have a three-week move-in timeframe, instead of the usual eight. This will simplify some of the exhibits, further lowering costs for automakers.

The January show has a jam-packed schedule. “It’s basically, six shows in one,” Golling says. It all starts Saturday, Jan. 12 with the gallery at MGM Grand, featuring the exotic cars. Monday and Tuesday, Jan. 14 and 15 is the press preview. Monday through Thursday is AutoMobili-D. Wednesday and Thursday is the industry preview. Friday, Jan. 18, is the Charity Preview. Saturday, Jan. 19 through Jan. 27, the show opens to the public.

SAVE THE
DATE

The Tuesday Musicale presents
Midwinter Music Concert at
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in Grosse Pointe Park

Tuesday, Jan. 15
10:30 a.m.

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concert. Donations will support
the St. Clare School Music
Department and Band.

February

Calendar

Tripp, Kevin Brennan and Pointe Professionals, 5:30-7:30 p.m.

18 FRIDAY

- Aeolus Quartet and Franklin Cohen at The War Memorial, tickets at warmemorial.org, 7:30-9 p.m.

19 SATURDAY

- Grosse Pointe Park Chilly-Fest at Windmill Pointe Park, 12-4 p.m.

20 SUNDAY

- The War Memorial Brunch & Concert featuring Sean Dobbins, jazz drums, tickets at warmemorial.org, 11 a.m.-1:45 p.m.
- Grosse Pointe Theatre presents “Legally Blonde” at Pierce Auditorium through Feb. 2, information and tickets at gpt.org

21 MONDAY - Martin Luther King, Jr. Day

22 TUESDAY

- Grosse Pointe Chamber of Commerce “Business After Hours” at The Grosse Pointe Academy, chamber members and those interested in joining are invited to network, 5:30-7 p.m.
- An Evening with Chef Rod Perencin at The War Memorial, register at warmemorial.org, 6:30-8:30 p.m.

26 SATURDAY

- Grosse Pointe Woods Winterfest, 11 a.m. - 3 p.m.
- The Helm (formerly Services for Older Citizens) Open House, introducing The Helm to the

community and showcase its offerings, 1-4 p.m.

27 SUNDAY

- Grosse Pointe Chamber Music at The War Memorial, \$14, register at warmemorial.org, 2:30-4:30 p.m.

31 THURSDAY

- Grosse Pointe Chamber of Commerce Annual Membership Dinner and Pointers of Distinction Awards, \$75 per person, for reservations, call (313) 881-4722 or e-mail info@grossepointechamber.com

02 SATURDAY

- Grosse Pointe Public Library presents Signing Storytime with Momcat Kelly in the Woods Story Room, 10:30-11 a.m.
- St. Paul on the Lake Annual Auction, “Together We Grow,” at Grosse Pointe Yacht Club, tickets at (313) 885-3430

03 SUNDAY

- The War Memorial Brunch & Concert featuring Cliff Monear, jazz piano, tickets at warmemorial.org, 11 a.m.-1:45 p.m.
- Grosse Pointe Artists Association presents Your Old Mansion lecture series at The War Memorial, more information at grossepointeartcenter.org, 2 p.m.

09 SATURDAY

- Grosse Pointe Woods Mother-Son Movie Day, registration is through Feb. 1 at the Community Center or at <https://recweb.gpwwmi.us>, includes

movie, refreshments, and photo keepsake, \$5 per Woods resident, 12:30-3 p.m.

- Grosse Pointe Historical Society Open House at Provencal-Weir House, 1-4 p.m.

14 THURSDAY - Valentine’s Day

- Friends of the Grosse Pointe Public Library Book Sale at Woods Branch, friends only from 10-11 a.m., open to public 11 a.m. - 8 p.m.

15 FRIDAY

- Friends of the Grosse Pointe Public Library Book Sale at Woods Branch, 10 a.m. - 4 p.m.

16 SATURDAY

- Friends of the Grosse Pointe Public Library Book Sale at Woods Branch, bag day, fill a bag for \$5, 10 a.m. - 2 p.m.
- Detroit Boat Show at Cobo Center through Feb. 24

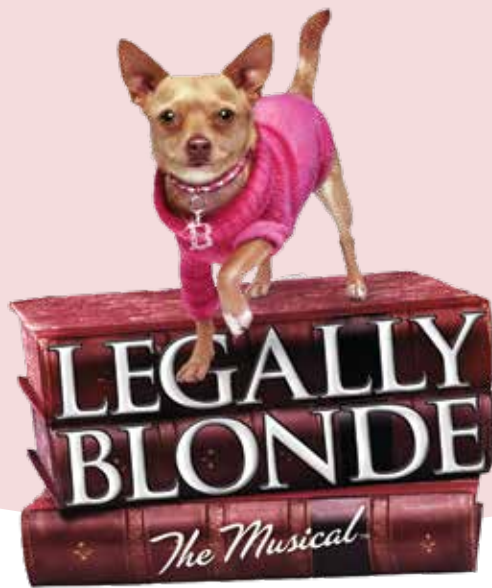
17 SUNDAY

- The War Memorial Brunch & Concert featuring Dave Bennett, jazz clarinet, tickets at warmemorial.org, 11 a.m.-1:45 p.m.

18 MONDAY - President’s Day

24 SUNDAY

- Grosse Pointe Chamber Music at The War Memorial, \$14, register at warmemorial.org, 2:30-4:30 p.m.



By Anne Erickson

Rachel Settlage always felt drawn to the story of “Legally Blonde.”

She was attending law school at Georgetown University when the movie came out, and it struck a chord.

“I was born a natural blonde, and I was going to law school, and it spoke to me with that experience of going through law school and being a woman,” says Settlage, who now lives in Grosse Pointe Park. “I loved the character of Elle and how much she grows over the course of the show.”

Now, Settlage is directing and choreographing “Legally Blonde” the musical at Grosse Pointe Theatre. The show will run from Jan. 20 through Feb. 2 at Pierce Auditorium in Grosse Pointe Park. It features Kimmy Elliott as Elle Woods and Robert “Zak” Shugart as Emmett Forest.

Settlage says fans of the movie will find plenty to love about the musical version.

“It follows the storyline very closely but has more character development than the movie,” she explains. “It adds so much music and fun dance numbers, so it brings an energy that you don’t get in the movie.”

“It’s non-stop,” she adds. “There’s always singing and dancing going on. The movie was very fun, but being a musical adds another dimension to the story.”

Settlage has been involved with Grosse Pointe Theatre for six years, and “Legally Blonde” is the third show she has directed.

She says directing and choreographing go hand in hand with “Legally Blonde,” because the dancing is so integrated into the show.

“When I looked at this show, I realized I needed to make it

one seamless piece,” she explains.

Settlage’s favorite thing about being involved with Grosse Pointe Theatre is the people.

“They are just really wonderful people, and Grosse Pointe Theatre is so welcoming to new people,” she says. “They put on amazing productions. It was really nice to be welcomed and given the opportunity to direct and work on shows. It’s a wonderful family.”

Show details: “Legally Blonde” the musical will run from Feb. 20 to Jan. 2 at Pierce Auditorium at 15430 Kercheval Avenue in Grosse Pointe Park.

Tickets are \$25. For information and to purchase tickets,

visit www.gpt.org.



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